



Vaccine Safety Council  
of Minnesota



MINNESOTA FACES OF VACCINE INJURY  
*and vaccine choice*





## Vaccine Safety Council of Minnesota

The personal accounts included in this booklet are just a few of the thousands of devastating stories told by Minnesotans who have suffered harm from vaccines.

COVID vaccine injuries are now front and center - with **20,137** reports of injuries and deaths **in Minnesota alone** as of 12/30/22. But every vaccine has been documented to cause harm and death, despite the well-funded marketing campaigns claiming, “safe and effective”.

When vaccine manufacturers were given blanket liability protection for injuries and deaths in 1986, they lost any remaining incentive to provide a safe product. Not coincidentally, the recommended childhood schedule has tripled since then.

Vaccines are now a multi-billion-dollar industry, with hundreds more vaccines currently in development. The industry-captured FDA routinely approves vaccines using only the “safety” data provided by the manufacturers themselves.

### ***This is a recipe for disaster, and consumers are paying the price.***

Certain legislators (with support from vaccine stakeholders like the Minnesota Department of Health, the Minnesota Medical Association, and the MN Chapter of the American Academy of Pediatrics) have repeatedly attempted to remove our long-standing conscientious exemption to vaccines for school and daycare entry.

The removal of our right to choose when and whether to vaccinate our children will apply to ALL FUTURE vaccines MDH adds to the schedule, and will apply to home-schooled children in Minnesota, as well.

We ask our Minnesota lawmakers to stand up and protect the rights of the people they took an oath to represent. No person should be forced or coerced into putting unwanted and often harmful products into their bodies, especially when the makers of these products bear no responsibility for any damage done by them.

### **Because there is risk, there must ALWAYS be choice!**

*Deepest gratitude goes out to our friends at **National Health Freedom Action** and **National Health Freedom Coalition** and an anonymous donor for contributing toward printing these booklets for Minnesota legislators!*



**National Health Freedom Action**  
“Working for Health Rights in America”



**National Health Freedom Coalition**  
“Working for Health Rights in America”

***The assemblage of beautiful faces on our cover page, led by W. Hickok, is a collection of self-portraits created by Minnesota children who were harmed by vaccines, or support the ability of their parents to make individual vaccine choices, free of any tyrannical bullying from lawmakers or the pharmaceutical industry.***

## *Abdullahi's Story* MINNEAPOLIS, MN

**Abdi's son required a constant feeding tube after MMR Vaccine**



Abdullahi was perfectly healthy until the day of his MMR vaccine. He became extremely ill right after the vaccine, with diarrhea and vomiting that lasted for two years. He regressed. Still his doctors denied it was from the vaccine, and urged the next round of vaccines, which the parents agreed to. His health plummeted. At age 11, he could not walk or feed himself. He could crawl but often fell over. He could not speak any words.

Abdi died at the age of only 15. He spent the last few years of his life needing a feeding tube because he could not swallow.

## *Aly's Story* STILLWATER, MN

### **Vaccine Mandates Are an Infringement on My Rights**



I am heavily vaccinated having served six years in the Air Force which included 5 deployments. In “preparation” for these deployments I received over 30 vaccinations including one HPV that never made it to the general market, 5 anthrax shots, and small pox. All of which are well known for the dangers they cause. I had never experienced mental health issues until after my separation from the military but I have no doubt that the extreme anxiety that I deal with daily as well as several bouts of depression stem from heavy metal toxicity caused by vaccination.

As a nurse, not only did I have to receive more vaccinations but I work with several patient families who know for a fact their child’s chronic illness was caused by their routine vaccines. One family lost their son to extreme autistic regression at age 2. One family’s daughter now suffers from an autoimmune issue called Mast Cell Activation Syndrome which essentially makes her allergic to just about everything. The worst is one family’s son survived SIDs only days after his shots and now almost 6 years later still lives in an extremely limited responsive state needing complete care around the clock.

My own family is “lucky.” My son was started on a delayed vaccine schedule and I was coerced by my pediatrician to “catch him up” right before his first birthday. After his second flu shot (because they give the flu shot twice the first time) his immune system was so weak he developed pneumonia. After that I decided to stop vaccinating all together.

Now my infant daughter has a genetic predisposition to vaccine injury and I will do everything in my power to protect her from the Russian Roulette game of vaccination.

Vaccine mandates are an infringement on my rights as a human being and as a mother.

## *Adam's Story* MINNESOTA

### **My Unvaccinated Children are Healthier Than My Vaccinated Children**

Joshua is the oldest of my five children and was born healthy at 10 pounds. He received shots at 2, 4, and 6 months of age, so his autism may well have been caused by vaccines, but I cannot tell exactly which ones. I do know that right after his 16 months vaccinations, his weight curve clearly dropped. By age three, his weight curve came up again but then at 4 years when he was given shots again his weight curve plummeted again, and we are still struggling with that. I filed a VAERS report for his 4-year shots. Also at that time his very aggressive behavior returned, which had been mostly under control. Afterwards, this aggressive behavior was out of control for several years and just in the last year or so, is coming under control again. Joshua was diagnosed with Asperger's.

Adam, my second son who has accompanied me to past hearings vaccines, was born healthy 10 lbs 2.6 oz. He had a voracious appetite from the start, always nursed well, and clearly had an emotional bond with me when he nursed. I was so delighted to experience that for the first time. Adam reached or was ahead of all of his developmental milestones for the first six months of life. He laughed out loud at 2 months of age, and I know this is incredible, but actually said "up" as well. He said it repeatedly and my husband and I both saw him say it simultaneously. We thought he was going to be a genius with such early speech development. By six months he was saying mama and dada. He also loved to laugh; and laughed very easily. We would also do puzzles together.

When he got his 6-month shots, nothing dramatic happened, until at 7 months we realized we hadn't heard him talk at all and he made no improvements since his 6-month vaccine appointment. He also stopped laughing, and lost interest in playing with toys other than to carry around a plastic red bolt. Month after month went by and there were no developments at all except for his gross motor skills which didn't seem to be affected. By twelve months he had some repetitious babbling but nowhere near words.

We were still brainwashed at that point about the safety of vaccines and didn't make the connection. At 15 months, he got more vaccines, and at that time he slowly stopped even what little babbling he had, so that he became gradually silent as though he were profoundly deaf. He understood nothing, not even "no" shouted at the top of our lungs. He required constant physical intervention, did not ask for help in any way at all, and never let anyone get within five feet of him for play activities. I didn't know what his eyes even looked like for many months. At 20 months I took him to my chiropractor, thinking he had a hearing problem (he did have a hearing test which showed moderate hearing loss) and was adjusted. Within one week he was given

another hearing test which showed normal hearing. Subsequent tests showed normal to very mild hearing loss. His development slowly began to progress again. By age three he was diagnosed with autism.

At that point, I ran into a physician's assistant who told me of the possible vaccine-autism link. I stopped all vaccines with my children shortly after that. Interestingly, I have three daughters, the first of whom got all her shots except for the 4-year vaccinations. She is mostly normal except she doesn't socialize well and has difficulty reading facial expressions, while intellectually she is quite bright. Her next sister got just the 2 and 4 month shots and has much better social skills than her older sister and is very bright. She also is more "cuddly" than her sister.

My last daughter received no vaccines as all and is my healthiest child. Dr. Walsh the Pfeiffer Institute said that the earlier metal exposure a child has and the greater amounts, the more severe their autism will be, particularly with regard to speech development. I have more than the average number of amalgam fillings and they are all very old. Dentists say they are still "ok," but I believe they have also caused damage, particularly for the my oldest son.

This past summer, my husband had severe intestinal bleeding which put him in the hospital. He received antibiotics and two transfusions and then stopped bleeding. His cultures revealed only campylobacter, yet his doctors insisted that he had a bacterial infection. We took him to Dr. Sult, who did some testing to find out that he had 41 times the acceptable level of bismuth, plus several other metals that were over the acceptable limit. To me, this shows that we have a genetic predisposition to a poor methylation system, leaving my children vulnerable to heavy metal poisoning.

## *Akiliez's Story* MINNESOTA

### **Asthma and Allergies After Vaccines**



Akiliez is 10 years old. I didn't know at that time all the information I know now on how harmful vaccines can be. Being a first-time mother, I had a lot of pressure from the doctors and nurses in the hospital to do the Hepatitis B shot. I decided against it, knowing in my gut it was completely unnecessary. During his first doctor visit they wanted him to start the vaccines. I remember feeling so pressured, but had this nagging feeling in my gut it didn't seem right. I decided to go ahead and do the first-year vaccines, but I spread them out and didn't do them all in the bunches they wanted to administer them. There were a few I opted out of all together.

He was a super healthy baby, but then after the last round of vaccines he started developing asthma and allergies. I stopped doing further vaccines. I switched to a pediatrician that supported my decision with discontinuing vaccines. Akiliez struggled with the autoimmune issues up until a couple years ago. Thanks to work with naturopath doctors, and my supportive pediatrician, he has grown mostly out of those. My 2 little girls, ages 6 & 4 have received no vaccines. They are by far healthier than my son was at their ages. The only thing I have done differently with my daughters is to not vaccinate.

## *Amber's Story* CHASKA, MN

### Severe Vaccine Reactions Run in My Family



I vaccinated my three older kids. I always had qualms, but the doctors always had quick answers for my concerns. A way to brush them off, make me feel like I was stupid for asking, and then convince me that if I didn't vaccinate them perfectly on schedule, my child likely would die. And I believed it. But then my gut would kick in and I'd research a little more, question a little more. I could be one of those who might say my kids are "fine" if I didn't know what I know now. Their issues are more subtle than something like Autism or SIDS.

My oldest, age 11, was vaccinated completely on schedule until age 7. Other than Hepatitis B, which we delayed until 9 months when a doctor convinced me she could get bit by another baby who had Hep B and contract it (she was not in daycare). She has horrible allergies (food and environmental) that turned anaphylactic as a baby after her 6 month vaccines. She likely has ADD and has recently been diagnosed with dyslexia. She has major depressive disorder and anxiety. She used to get sick extremely frequently when we were vaccinating. She was hospitalized twice for difficulty breathing within 1 week of a vaccination visit.

My second daughter, age 7, wasn't as "lucky." She was fully vaccinated, on schedule, until age 4. After her 4-month vaccines she very quickly developed intolerance to my breast milk. The 3 days after the vaccines she developed horrible screaming (I thought it was her belly, but more likely it was her brain). Then she developed intolerance to the formula we used to replace my milk, and had to be on a prescription formula, which still caused severe diarrhea, but no rashes. At that same time, she developed severe eczema. **She had an anaphylactic, in-office reaction after her 12-month vaccines where even her VERY pro-vaccine doctor told us she could never receive MMR or Varicella again (the new vaccines that day).**

After that, within a week she started getting pneumonia frequently, 7 times that year, and several times each year until we stopped allowing vaccines. She was diagnosed with asthma and started having tantrums during that time. Horrible mood swings. Sensory issues. Couldn't handle the way her diaper felt, elastic on shirts or sleeves. Socks. Certain shoes. She'd panic. Scream and cry and refuse to move until we took off the offending item. She still has these sensory issues. And still has tantrums and horrible mood swings at age 7. She has been diagnosed with anxiety and panic attacks. She now also has thyroid problems (auto-immune), and food allergies, and they are looking into other metabolic/hormone disruption because she continues to gain weight despite healthy diet and exercise. Her hormone levels are that of a post-pubescent woman. Her (new) doctor believes many of her symptoms sound like potential mercury toxicity and we are waiting for heavy metal hair testing results now. Since we stopped vaccinating, she hasn't had pneumonia, and her asthma has improved with a LOT of work trying to heal her gut.

With my third child, my son, age 6, I was more cautious, I attempted to space vaccines out. Though at each well visit, his doctor would somehow convince me to give him "just" 2-3 vaccines. He seemed to do better with the



delayed schedule than my daughters had. However, after his vaccines at 13 months (he had MMR, Pentacel, and Hepatitis A), he had HORRIBLE diarrhea. More than diarrhea, really, it was mucus and blood for 6 weeks straight, and they couldn't stop it or tell me what it was. Nothing helped. I couldn't even get a stool sample because it was just liquid and blood mucus and it would soak into the diaper and there was nothing to scrape.

He'd wake up 5-10 times a night screaming because the liquid stool would touch his second degree burn rash (no matter what we put on). And he'd have dirty diapers 20-30 times during the day. He started becoming dehydrated, looked sick and malnourished. We finally decided to stop listening to the doctor who just kept telling us to hydrate and use the BRAT diet, and started giving him goat milk instead of formula, lots of probiotics and other herbs to heal his gut. We out dairy (that hadn't previously been an issue, but his doctor repeatedly told us he had no issues with dairy after only checking him for a lactose intolerance vs. protein sensitivity). Finally, he started getting better. He now has some sensory issues and can't have ANY dairy or gluten or he has horrible behavioral issues, but he is "okay" now. We stopped vaccinating him completely after that visit. He had by far the least vaccines out of my first 3 children. Only 15 total doses vs. my daughters' 35+ vaccines.

When I first got pregnant with my youngest, I decided to research more because I just had this gut feeling. I had a feeling that if I vaccinated him at all, I'd lose him. But at the time, although I realized they were dangerous, I still thought they were necessary. I do have a background in medical research—I used to design and analyze clinical trials for manual medical treatments. I spent literally thousands of hours researching. I'm not talking about listening to Jenny McCarthy, or just reading about "the one Lancet study," and deciding not to vaccinate. I mean cross referencing CDC data, reading thousands of scientific studies, critically analyzing studies that had favorable reports for flaws or intentional favorable design (there are a lot of them). Thousands of papers, statistics and VAERS reports. FDA information, inserts, clinical trials, etc...and finally I was armed with enough information to be secure in my choice. To know it wasn't just my gut, but science was on my side. I still spend at least 1-2 hours per day pouring over studies, the learning never ends and the science certainly is not "settled."

Then, my 4th child was born. He had a positional food deformity, hip dysplasia, lip and tongue ties and spina bifida occulta. So not only does he have Ehlers Danlos Syndrome, like me, but also a MTHFR mutation, putting us at higher risk of vaccine injury. My mom as an infant was hospitalized and nearly died after her Measles vaccine in 1964, but the doctor said "good thing she got the shot, imagine how bad it would have been if she ACTUALLY got measles." They did admit at that time that it was vaccine-induced measles. Then my brother, who also has EDS and MTHFR mutations, also nearly died following his 12-month vaccinations, including MMR. At this point, in 1992, they had graduated to calling it a "measles-like rash," despite him having the entire measles presentation, including a 105 fever and high-pitched screaming. He then developed severe sensory issues and has major mental health and physical problems as an adult that started in childhood. My mother also reacts severely to the influenza vaccine and has a documented thimerosal allergy. They continued to give her the shot for many years anyway, and she'd be sick for weeks. I knew then (considering 98% of those who are vaccine injured have a MTHFR mutation), that it wasn't just a random gut feeling. That if I had ignored it, and listened to the doctor instead, I could have been risking his life and health.

But now, I have a beautiful, happy 3-year-old boy, who, other than genetics, has been incredibly healthy. Absolutely no chronic health issues. No allergies. Thankfully, we now also have a doctor who understands his genetic susceptibility, based on his own presentation, and the family history of severe vaccine reactions, and agrees with our decision. They understand that because my child's siblings had issues, that he likely would as well, and aren't going to make me take the chance with him in order to believe (or not believe) me. Our previous doctor said the only way we would know is to try them and see what happened. It is completely scientific to rely on family history to inform most other medical decisions, but rely on trial and error when it comes to vaccines. If

all of his family members react poorly to vaccines, it is highly likely he will too. **It is absolutely not worth the risk.**

Finally, there is me. I was a very active, fully vaccinated child, but suffered chronic eye and strep infections, and then chronic sinus infections. I had asthma (it could be argued that my daughter's asthma is genetic, yet there's no asthma in our family in those who did not receive vaccinations). I got the flu almost every year, despite being given the flu vaccine. When I turned 18, the Gardasil vaccine came out. My OBGYN informed me it was extremely important, and that I was at high-risk due to my age, and the fact that I had already had HPV.

(I didn't know then about the pre-licensing clinical trial by Merck showing a 46% increased risk of cervical cancer in women who had the targeted strains of HPV prior to receiving the vaccine). After my first dose, my arm hurt badly and I had trouble moving it. I was tired for a couple weeks but brushed it off. Three months later I returned dutifully for my second dose. That night, my arm was red and swollen and every small movement hurt immensely. I assumed the nurse had given a "bad shot." Immediately I was extremely exhausted, but again, assumed it was just due to stress, or my difficult college classes. Over the next several weeks, my health deteriorated. I was in constant widespread pain, I had fevers of 102 with literally any physical activity, even slow walks to the mailbox. I had trouble focusing in classes due to severe fatigue and slept almost all of the time. I gained about 40 pounds during this period, because I went from a very healthy, active teenager, to nearly bedridden. One doctor said I must have Lyme disease, despite no tick bites and no exposure, and negative Lyme tests. I took 2 weeks of antibiotics, and when I didn't improve, they had no answers for me, and basically stopped looking for them. These symptoms persisted for an entire year. Fevers every day, severe fatigue. It wasn't until years later, when I heard many similar stories from teen girls who had received Gardasil, that I realized what had happened. No doctor ever warned me of any potential side effects, including the doctor vaccinating, and no doctor ever asked me about any recent vaccinations. I never even got a fact sheet.

With all of these experiences, not one time were any of us told that any of these issues could be from vaccines, other than my second daughter's immediate reactions. Even still, she's only exempt from 2 vaccines. If vaccines were made mandatory, none of my children would qualify for medical exemptions under current rules. I would have to vaccinate them, knowing the harm it does to their systems. I would have to watch them decline again, after years of trying to rebuild their health and immune systems. Also, with all of the reactions, even in-office, not a single person ever informed us of the VAERS database.

Every year, tens of thousands of reports of severe adverse events are received, yet no one seems to know it exists. I didn't know until deep into my research. Doctors and parents NEED to be aware of these resources, and we also need to make a mandatory adverse event reporting system for doctors to recognize and report vaccine injuries (as well as informing doctors about all of the risks, so they can properly identify and treat acute reactions other than anaphylaxis, which is currently the only contraindication listed in most vaccine inserts). If we don't know the true risks of the vaccine schedule as a whole, if we have never actually collected proper data, we absolutely cannot mandate vaccinations. A Harvard study estimated only 1% of reactions are currently reported, and since it is voluntary, any studies that use VAERS data are immediately discredited. To date, zero studies have been done on the entire vaccine schedule as it is currently recommended.

Where there is risk, there must be choice. We know there is risk, the IOM says there is risk, the CDC says there is risk, the manufacturers say there is risk. We, as parents, need to be able to decide whether or not to take it. We know our children best. Again, despite our stories and medical histories, none of my children would qualify for exemptions outside of two vaccines for one child. Do you believe that I should be forced to roll the dice again?

## *Angie's Story* MINNESOTA

### **Daughter's Vaccines Caused Encephalopathy (Brain Swelling) and Brain Damage**

My daughter was born a normal healthy infant. Upon the first vaccine, at 6 weeks, she developed encephalopathy (brain swelling). At that point, her development ceased. She had been rolling over in her crib and was doing great, but then all development stopped.

With each successive vaccine she regressed more. She became very ill with a lot of diseases. We saw many doctors and did every test imaginable. Nothing genetically was wrong. I suspected it was the vaccines. I told the neurologist she had been diagnosed with encephalopathy. He would never commit 100% but he said the vaccines could have caused it.

As a result, my daughter has developmental issues to this day. We have done a lot of alternative therapies, and I credit them with helping her a lot. She can now walk and talk, but her IQ remains in the 50s range. She goes to a Sheltered Workshop. She still lives with us at age 32. It's a good thing I am her mom and we are on this journey together. We tried to get vaccine compensation but couldn't get any doctors to sign off on it so we were unable to get any compensation.

## *Ashley's Story* SAINT PAUL, MN

**Teacher Suffers from Pericarditis and Heart Palpitations After Pfizer Covid Vaccine**



Life before the vax: Fun and capable mother and art teacher

Shot brand: Pfizer

Shot date: 12/30/21

Symptoms and diagnosis:

- Inappropriate sinus tachycardia
- Pericarditis
- Palpitations
- Costochondritis
- Frozen Shoulder
- Hypotension
- Nerve pain
- Medical Trauma

## *Arielle's Story* NORWOOD, MN

### **Doesn't Want Anyone Else to Suffer a Gardasil/HPV Vaccine Injury**



As a kid when your parents tell you to do something you do it. My mother told me I needed to get the HPV vaccine. I was a in the 11th grade. It was a brand-new vaccine, and all the kids in my class were getting it as well and I didn't think anything of it. Within hours after the first dose of the HPV vaccine, I had a huge bruise where the vaccine was given. Next, was awful headaches that continued for a few years after the vaccine was given (which I hadn't had before Gardasil). Then came the diagnoses of HPV. I had pre-cancer cells on my cervix. I had a two LEEP procedure (LEEP is an acronym for loop electrosurgical excision procedure. A LEEP uses an electrically charged wire loop to remove abnormal cervical tissue) and a Colposcopy along with 3 biopsies. I thought it was done.... boy was I wrong!

If that wasn't painful and emotionally draining enough, my nightmare was far from over. Fast forward life 5 years and I am newly married and we are trying to have a child. We lost our first child in a miscarriage. Then, we were able to conceive soon after I was told my HPV was back and I needed yet another LEEP. I thought the vaccine was supposed to help me, but it's only hurt me and gave me HPV!

Fast forward another 5 years... Now I am dealing with an autoimmune disease. I am extremely sensitive to stress and environmental factors can make me so sick if I am not careful. I am also not able to use anything with scents or a lot of chemicals without becoming sick. Food is so hard for my body. I am allergic to over 15 foods! Yes, you read that right -15 foods! If something isn't organic and sprayed with chemicals, my mouth breaks out in sores. If I have foods high in histamine, my body can't process it. I break out in hives and get extremely sick almost like I have the flu.

These are the lasting effects that the HPV vaccine had on my body. I was a completely healthy teen then life changed after this dangerous vaccine. I was told I didn't have a choice as a kid and I had to get this vaccine that would save my life. Please don't do this to our kids I beg you!!!!

I am living proof. We truly don't know what these vaccines will do to our bodies years down the road as they've never conducted long term studies. No two bodies are the same and what may be safe for you may not be safe for me.

## *Ava's Story*

**WHITE BEAR LAKE, MN**

### **Nurse's Daughter Suffered from Vaccine Encephalitis**



All my illusions of vaccine safety went out the window the day my child suffered a vaccine injury.

She screamed in a high-pitched cry for weeks on end, this is known as the encephalitis scream due to brain swelling. A common documented reaction from vaccines.

She developed a fever the day she received the MMR, but this fever never really went away. From the date she received the MMR, until she was around 3 years old, she had fevers from 3-7 days a week. Her belly also became large and swollen.

Her body became weak and floppy, often called “floppy baby syndrome,” she started zoning out, and staring in space, not always responding when I would say her name.

Overnight, she lost her ability to chew and swallow regular food. She started pocketing her food in her cheek, she would gag, choke, and vomit. She went from eating burritos and lasagna, to pureed baby food.

Suddenly she was intolerant to light and sounds, she would cry and say her ears and eyes hurt. She started spinning in non-stop circles for hours a day if allowed to.

She would disappear, and I would find her in the corner of the bedroom crouched, covering her ears and rocking her body. My child literally changed overnight. I would not have believed what happened if I had not witnessed it with my own two eyes. It took years of physical therapy, occupational therapy, and feeding therapy to recover her from this medication (vaccine) injury. As a Registered Nurse, I was taught that every medication on the market can have side effects. Because there is a risk, there must be a choice.

Ava C., now age 10

## *Benny's Story* SHOREVIEW, MN

**Three Sport High School Athlete Suffers from Chest Pain and Small Fiber Neuropathy  
After Moderna Covid Vaccine**



Life before the vax: Three-sport athlete throughout High School, Committed to Collegiate Track & Field

Shot brand: Moderna

Shot date: 9/11/2021

Symptoms and diagnosis:

- Numerous chest pains throughout every day – stabbing, squeezing, prickly/numbness/tingling
- Skin biopsy – positive for Small Fiber Neuropathy (in left arm, which is symptom free)
- Brain MRI – normal
- Cardiac MRI and 9 other heart tests – all normal
- 15+ Blood tests for other diseases – all normal
- EMG – normal
- Chest MRI – waiting for results

## *Caden's Story* ORONO, MN

**After Son's Vaccine Injury, Entrepreneur Creates Place to Help Those with Autism  
And Helps Create Vaccine Safety Council of Minnesota**



I AM AT HOME ON A FRIDAY NIGHT WITH MY 17-YEAR-OLD SON, FACING THE WONDERFUL CHOICE OF ADMINISTERING HIM A NATURAL LAXATIVE OR ALLOWING HIM TO HAVE A SECOND NIGHT OF SELF-INJURIOUS BEHAVIOR BECAUSE HE HASN'T HAD A BOWEL MOVEMENT FOR DAYS. IT BRINGS ME BACK TO THE DAY WHEN HIS FIRST SEIZURE OCCURRED AS I WALKED HIM THROUGH THE PEDIATRICIAN'S PARKING LOT FOLLOWING HIS 15 MONTH "WELL BABY" VISIT. AFTER THAT FIRST SEIZURE, HE WAS NEVER THE SAME. BUT AS I WATCHED HIM LOSE ALL LANGUAGE, SUFFER PERMANENT BRAIN DAMAGE AND REALIZED ANY HOPES AND DREAMS OF LOVE, MARRIAGE AND FAMILY HAD BEEN OBLITERATED, I WAS COMFORTED BY THE NOTION THAT I HAD SAVED HIM FROM THE DEADLY RISK OF A WEEK-LONG MEASLES RASH AND THAT WE HAD FAITHFULLY PERFORMED OUR CIVIC DUTY BY COMPLYING WITH A CORRUPT VACCINE PROGRAM. IF MY SON COULD SPEAK, I'M SURE HE WOULD AGREE TO SERVE AS COLLATERAL DAMAGE FOR

THE GREATER GOOD.

**#SAIDNOMOTHEREVER**

~JENNIFER LARSON





**From *The New York Times* story “Out of Adversity, An Opportunity,” by Brent Bowers (Sept. 13, 2007):**

As his mother tells it, Cade Larson was a lively 15-month-old who loved playing peekaboo and chase with other children and was quickly adding to his vocabulary of more than 50 words, including “fish,” “bowl” and “shoe.”

But then, said his mother, Jennifer VanDerHorst-Larson, Cade got vaccinations for measles, mumps and rubella, influenza and chicken pox on Oct. 15, 2001. He wailed for a few moments, then slumped into a deep sleep that lasted 14 hours. When he woke up, she said, he was a different child.

“He stopped looking at me,” Ms. VanDerHorst-Larson said. “He had lost his speech.” She believes he had a huge seizure that resulted in brain damage.

In a heartbeat, her mission became healing her son. In that, she failed. On Valentine’s Day 2002, her school district told her that Cade had the severest case of autism it had ever seen. “This is my only child,” she said. “I can’t describe the pain.”

The idea that vaccines cause autism has been widely rejected by mainstream scientists, though some doctors are investigating it and many parents of autistic children remain convinced there is a link. But Ms. VanDerHorst-Larson, 35, had a resource for fighting back that many parents do not: She was an entrepreneur. In 1996, she had opened a Pilates studio in Minneapolis. In 1998, she had started [Vibrant Technologies](#), a buyer and seller of information technology hardware that now has 40 employees and expects revenue this year of \$45 million, up from \$37 million last year.

In the five and a half years since Cade’s condition was diagnosed, Ms. VanDerHorst-Larson has thrown herself into the challenge of giving meaning to his life with all of the classic weapons of the entrepreneurial personality: superhuman energy, bottomless self-confidence, bulldog tenacity, a compulsion to be in control and a knack for spotting opportunities in even the most disheartening reversals of fortune. In effect, she has made caring for her son and for others like him her third business.

She shut her first one, the Pilates venture, to free up time. For two years, she traveled the country, attending seminars and taking Cade to neurologists, immunologists and other specialists, until, she said, she realized she would never find the cure she was seeking.

“By then, I was running a home program for him, nine people in all: a behavioral analyst, a speech therapist, an occupational therapist, a psychologist, a social worker, a special education teacher and three behavioral therapists,” Ms. VanDerHorst-Larson said.

She was also running Vibrant. She said she was getting just two hours of sleep a night. “It was not normal,” she said. “It was inhuman.”

“It was the same drive you have when you start a company,” she said. “My son was my investment. I was the manager.” Ms. VanDerHorst-Larson said that her husband, David Larson, a co-owner of Vibrant, was very supportive, but “this was who I am, not who he was.”

In April 2003, she started the nonprofit Holland Center in Excelsior, Minn., for children ages 2 to 8 who have autism, including Cade, whose face is on the Web site's home page. The staff consists of a behavioral analyst, an occupational therapist, a speech therapist, a special education teacher, a music teacher, two psychologists, 15 behavioral therapists and Ms. VanDerHorst-Larson as the business manager. That comes to 23 people working with 17 children.

Six months after the Holland Center was created, she was back to more traditional entrepreneurship, starting St. Croix Solutions, a technology consulting firm and provider of computer hardware. She said that she wanted her son to sprout his wings and that she realized he could not do that if she was at the center all the time.

But it was more than that. "It's in my nature," she said. "I saw an opportunity. My husband says, 'Don't start anything else.' But it's like a drug." Ms. VanDerHorst-Larson estimates that St. Croix's revenue this year will be \$26 million, up from \$18 million last year.

Dr. Kerry J. Sulkowicz, an M.D. who founded the Boswell Group, a New York consulting firm that specializes in business culture issues, says Ms. VanDerHorst-Larson's approach to her son's disability is a case study in "the uncanny ability of entrepreneurs to see obstacles as challenges and to jump over them instead of being stopped by them."

"Many mothers might react to the discovery that their child has autism with depression," Dr. Sulkowicz said. "Jennifer didn't because she had pre-existing resources that she could call upon to seek a solution to the problem."

Asked how he interpreted her statement that her son became her investment and she the manager, Dr. Sulkowicz said it was "a depersonalization of something that is extremely personal." He continued: "It's kind of like saying, 'On one level, I'm not going to think in terms of mother and son, I'm going to take a half step back and approach and deal with that as a business problem. Because that way, I will be more likely to find a solution.' That approach, in turn, has probably made her a sturdier and more satisfied mother."

Ms. VanDerHorst-Larson said she had not decided yet what to do next. She said she might create a chain of autism centers or a foundation to help children with autism. Or both.

Her ordeal, she agreed, had made her a better entrepreneur. "It changed my perspective on everything," she said. "It gave me more drive in looking for opportunities and challenging myself more. It has led me to think harder, make smarter decisions."

Successful entrepreneurs do not agonize over problems. They jump in and solve them, often in ways they could never have foreseen. Ms. VanDerHorst-Larson was unable to find a quick fix to Cade's autism. But she found a remedy.

"Today, he does speak," she said. "He says, 'Sit, mommy,' and 'Blue crayon,' and 'Red shirt.' He's not in pain anymore. He's a social person. He makes eye contact. He's happy."

## *Ayub's Story* MINNEAPOLIS, MN

### Seizures and Autism after MMR Vaccine

I will never forget the day: My son, Ayub, was 18-months-old and very healthy when he received the MMR vaccine. Within 10 minutes after the vaccine, riding in the car on the way home from the doctor's office, he passed out and began having seizures. I called the clinic and they told me not to worry about it – it was pretty normal and he would get over it.

He never got over it.

That day he lost all of his abilities. He continued to have seizures, and he lost all of his ability to speak and relate to others and was diagnosed with autism.

Today at age 14, he still cannot talk.

## *Corinne's Story* MINNEAPOLIS, MN

### **My Daughter's Life Has Been Devastated By Vaccines**

When my daughter, Corinne, was born in 1954, she was an absolutely healthy baby. At 4 1/2 months, when she had her second vaccination, she got very ill, and within 5 hours after the shot, she went into a convulsion which lasted 50 minutes. She was hospitalized for 9 days with encephalitis, and the doctors didn't know if she would live or die. She did survive, but was left with brain damage, retardation, and seizures, seizures, seizures.

We brought her to the Mayo Clinic, where they started her on the ketogenic diet, to control the seizures. The diet was very helpful, and for two years, she had no seizures, although she was profoundly retarded.

Two years later, the doctor said he wanted to give her the polio vaccine. I said, "Absolutely not - no more shots." "Well," the doctor said, "then you're not only going to have a retarded, epileptic daughter, but a crippled one as well." Ok, I said, but only give her a half dose.

They gave her a full dose, and she immediately went into seizures again, after not having had a single one for two years.

Believe it or not, the doctors kept trying to give her more vaccines over the years, and so I finally told them, "If you are willing to sign a waiver saying you take full legal and financial responsibility in case of any damage, you go ahead." Well, nobody was willing to take that risk, so she had no more vaccinations.

It turned out that she did in fact become crippled, because she developed severe scoliosis, which they said was a side effect of all the Dilantin. She is in a wheelchair. In 1970, when she was 16 years old, she was put in the Faribault Regional Center, and lived there for 30 years. I was placed on the board of the Center and visited Corinne every week in Faribault. She now lives in a group home, and will turn 50 next month.

Corinne's life has been devastated. She could never run and play. She will never have a date, she will never have a husband or a baby. I am now 83 years old and since my surgery last month, I am homebound and unable to go visit her.

Please let parents make decisions about vaccines - not the State.

## *Cat's Story* PLYMOUTH, MN

**After Covid Shots, Business Owner Suffers from Blood Clots,  
Parkinson's Disease, Tinnitus and More**



Life before the vax: Business owner and freelance photographer/photojournalist. Concert photographer

Shot brand: Johnson and Johnson and Pfizer

Shot date: 4/1/2021 and 11/09/2021

Symptoms and diagnosis:

- Dysautonomia, Vertigo, Brain Fog, Memory Loss
- Parkinson's Disease and Epstein Barr Virus
- ANA Antibody Positive and Speckled
- Sleep Apnea, Narcolepsy, Pathologic Hypersomnia
- Idiopathic CNS Hypersomnia
- Secondary Adrenal Insufficiency
- Chronic Vasomotor Rhinitis (VMR), Rhinosinusitis
- Chronic Tinnitus, Dermatitis of both ear canals
- Erythematous, Overactive Bladder
- Chronic Bleeding, Blood Clots

## *Ephrem's Story* DAKOTA COUNTY, MN

### **Nurse Would Rather Wear Mask or Be Fired than Get a Flu Vaccine**

I am a nurse. I come from a family of medical professionals. **You would be surprised how many of us would rather wear a mask or be fired, than receive an annual flu injection.** My aunt suffers from chronic neurological problems that immediately followed vaccination as an adult.

Here's my own personal encounter with vaccine injury:

I took my son in for his 2-month shots with the intention of spacing them out. He received the Rotavirus and Hib vaccines (he had also received a Vitamin K shot at birth). Soon after that I noticed he stopped making eye contact. I knew the early signs of autism so I stopped allowing him to be vaccinated.

Around 9 months I noticed Ephrem would not respond to his name. He walked before he crawled. By 18 months he knew all the letters of the alphabet but wasn't able to talk yet. He has always had constipation issues.

His pediatrician said sometimes kids like him outgrow autistic symptoms. I prayed that was his case. I started him on an organic diet and gentle detoxing and saw slow progress. Today he is a healthy, brilliant 2nd grader with no autistic symptoms.

I strongly believe injecting aluminum contributed to an overload of my son's genetically compromised detoxing mechanisms

I am a strong advocate for individualized Health Care that is solely at the discretion of the pediatrician and parent. Universal, blanket medication with no weight-based calculation is dangerous and unthinkable with any other medication. I'm speaking specifically of vaccine adjuvants.

Remember, aluminum is put in vaccines for the purpose of not being excreted, as to provide prolonged exposure of the antigen to the immune system. What happens to this injected aluminum? There are no studies on injected aluminum. There are only studies on ingested aluminum, of which the body is very efficient at eliminating.

If you are to walk away with anything from my story, it is this: study for yourself the effects of injected adjuvants on the human body.

## *Calvin's Story* FARMINGTON, MN

### **After the DTaP Vaccine, He Lost All of his Words**



Nearly every time Calvin received a vaccine, he got sick. Calvin was meeting all his milestones until he received the DTaP vaccine at 17 months – he had a 103 fever that night and he slept for 1½ days. His doctor said his reaction was normal. I did not learn about reporting a vaccine injury until 15 years later (there is a 3-year time limit to file for compensation). Vaccine Adverse Event Reporting System (VAERS) was analyzed by Harvard and it was determined that only 1-10% of reactions are reported. That means 90-99% of vaccine adverse reactions are not being reported!

Calvin lost ALL of the words he was already speaking. His walking was affected. He started the hand-flapping and many OCD behaviors. He stopped eating all his favorite foods. By age 2, he was diagnosed with autism.

We knew that the change was from the vaccine, but for 15 years we were told that we were crazy, that it was not related to the vaccine. Then I started hearing all of these other stories from other parents experiencing the same thing, and I knew I wasn't crazy. As I reviewed his medical records a pattern emerged of reactions after his shots. He would regress and get violent- there were times I was so scared my boy would hurt someone. He certainly had no sense of danger and would run into the street, touch lightbulbs- he needed constant supervision.

I was making the best decision I could at the time with the information given to me at the time. However as I learned more about what is actually IN VACCINES I realized Calvin needed to be detoxed. It is quite horrifying to read the actual lists of ingredients. Did you know there are aborted fetal cells used to develop many vaccines? o we know what is happening when a male is injected with female DNA? Vice versa? Polysorbate 80 is a sterilizing agent, NONE of the ingredients have been tested for safety. And there has never been a safety study done analyzing the combined current recommended CDC schedule.

After many different forms of chelation and detoxes we started to see Calvin was gaining skills. His body was constantly under attack- as vaccines are the one thing designed to stimulate the immune system. As time progressed, eye contact became more prevalent; he is much less explosive and has much more control of his emotions. Calvin has reduced his level of need for support at school every year since we stopped vaccinating him.

Mother's intuition has been around for longer than doctors. I wish every day that I would have

listened to mine closer. With my next child, Cooper, I was paranoid about vaccines – will he wake up the next day with autism? So I planned to do only one at a time. My family doctor almost didn't ask me for authorization of the Hepatitis B vaccine at birth – I had to stop him. I wish I would have understood that he had no risk of hepatitis B - which is a sexually transmitted disease.

There is NO reason a baby in America needs this vaccine unless a loved one who will be caring for the baby has it. Then given the fact it only protects for 7 years.....it will wear off long before the child is sexually active.

Cooper now has ADD and eczema. (Interesting note-in 1958 the American Academy of Pediatrics recommended that no child or family member with eczema should be vaccinated!)

I previously worked in a hospital where I was required to get the flu shot every year (even though I was not providing direct patient care). During that time, I had 4 miscarriages. The last two times I got the flu shot, within six hours I felt a wave from my shoulders to my chest and lungs, and I ended up with pneumonia. I know my body and the only time I have experienced this is post vaccination. In the last six years, I have not had the flu shot and have not gotten sick with pneumonia!

Please respect the story of my family. We believe that PARENTS should be the ones responsible for making decisions for their family- not the government. Many different factors may have played into Calvin being diagnosed with autism, but the shot was the triggering event. My child was never the same. Autism diagnosis has risen to astronomical proportions- depending on the statistics it is 1 in 42. My hope for this lifetime is that we understand that there is a link between autism and vaccination in some cases- and accept that there is evidence to support that.



## *Chayden's Story* ST. PAUL, MN

### Severe Tics from Vaccines



Chayden is 12 and he was injured by vaccines at age 2. I have been fighting this for 10 years and the pediatricians (we have gone through several), all tell me it's impossible and vaccines don't injure. I took him to see a psychologist to get him seen by a neurologist. That appointment is in April and I explained to him what our journey is. The day he got his 2-year vaccines, he ended up with a 104 fever (although they all tell me its impossible because he would be dead!) and puked for hours. His dad was a paramedic and firefighter and he was there. He said this wasn't normal or okay.

Since that day, he has tics like crazy and now, apparently, they are trying to treat him as having Aspergers, "and that he was born with it." No. He was perfectly fine until he got those vaccines. Then he changed. His first tic was at 2.5 years old when I was timed him blinking about 100 times a minute! I thought he was going blind! But no, it was tics he suffers with after his vaccines.

*Editor's Note – An Excerpt from: [The Association Between Thimerosal Exposure and Tics – The Advisory Committee on Childhood Vaccines \(ACCV\) Machinations](#)*

The literature regarding thimerosal and tics (both motor and phonic) is quite compelling. Several of CDC's own studies show that high levels of thimerosal exposure via infant vaccines can lead to tics later in life. [Thompson et al. 2007](#)(NEJM 357:1281) showed a clear, statistically significant increase in both motor and phonic tics in boys in a high thimerosal exposure group as compared to a low thimerosal exposure group. This relationship was reaffirmed in 2012 by [Barile et al.](#) (2012 J Pediatric Psychol 37:106) when the same data were analyzed using a more rigorous method.

This is not the only time that CDC has addressed the issue of thimerosal and tics. Earlier, a relationship between thimerosal exposure in tics and all children was seen in the [Verstraeten et al. 2003](#) (Pediatrics 112:1039) study. This relationship was dismissed by the study authors as it was not seen consistently in all three Health Maintenance Organizations (HMOs) studied. A [review](#) of study data obtained through FOIA showed a bias against reporting positive results, yet the tic association remained. Also, in a study of children in the United Kingdom, [Andrews et al.](#) 2004 (Pediatrics 114:584), tics were seen more often in children exposed to higher levels of

thimerosal. In each exposure category studied, this relationship was statistically significant.

It should be noted that CDC was directly involved in making the decision to fund the UK study and was apprised of the analyses prior to publication.

The relationship between thimerosal exposure and tics has also been established in literature outside of CDC's involvement. In 2015, a study by [Geier et al.](#) (2015 *Indiscipl Toxicol* 8:68) showed a higher incidence of tics in both boys and girls exposed to thimerosal (via the Hepatitis B vaccine), when exposure was evaluated at one month, two months and six months of life, as compared to children with no thimerosal exposure.

*Researchers observed that, for a 100 µg Hg difference in exposure between birth and seven months of age, the risk for a diagnosed tic disorder was significantly increased (3.39-fold).*

A significant association between Hg exposure from thimerosal-containing childhood vaccines and a diagnosis of tic disorder (TD) has now been found in six epidemiological studies ([Verstraeten et al. 2003](#), [Andrews et al. 2004](#), [Thompson et al. 2007](#), [Young et al. 2008](#), [Barile et al. 2012](#), [Geier et al. 2015](#)). The Thompson study states that, **“The replication of the findings regarding tics suggests the potential need for further studies.”** [Tozzi et al. 2009](#), also found trends towards increased motor and phonic tics with increased thimerosal exposure but these did not reach statistical significance, possibly because of the lack of a non-exposed control group. The study by [Young et al.](#) found a dose-dependent relationship between increasing Hg exposure from thimerosal in vaccines given between birth and seven months and also between birth and 13 months of age and the risk of a diagnosed TD. Researchers observed that, for a 100 µg Hg difference in exposure between birth and seven months of age, the risk for diagnosed TD was significantly increased (3.39-fold). For the same 100 µg Hg difference in exposure between birth and 13 months of age, the risk for diagnosed tics was also found to be significantly increased (4.11-fold).

## *Darlene's Story* MINNETONKA, MN

### Died After Covid Vaccine Booster



Life before the vax: Wife of almost 60 years and primary caregiver to husband with Alzheimer's; Mom to 3 daughters and doting Grandma to 5 beloved grandsons and 1 very special granddaughter.

Shot brand: Moderna and Pfizer

Shot dates: 2/12/2021 and 3/12/2021 (Moderna)  
11/24/2021 and 5/17/2022 (Pfizer)

Symptoms and Diagnosis:

- Hypoxic respiratory failure due to pneumonitis unspecified
- NOT Covid-19 and NOT viral, bacterial or fungal pneumonia
- Died 6/5/2022, two weeks and two days after 2<sup>nd</sup> Covid-19 booster and 4<sup>th</sup> shot

## *Heather's Story* BUFFALO, MN

### **Extreme Allergies After Vaccines; Vaccine Risk Aware Parents Already Educated About Vaccines**



We vaccinated my step-daughter according to the recommended schedule, and my firstborn son a well. When my second son received his 4-month shots, he screamed an unusual high-pitched scream. He would not calm down, even to breastfeed. He screamed this unrelenting, panicked scream for the remainder of the visit, the entire drive home, and ultimately for at least two hours immediately following his vaccinations. When he fell asleep (without nursing), we were relieved and thought maybe the worst was over. However, he remained so lethargic and nearly unresponsive that for the next 18 hours I could not wake him to nurse. I could almost rouse him, but he

never looked alert, never kept his eyes open. Concerned, I called the pediatrician, who came to the phone right away. She told me, "Don't bring him in. It's a normal reaction to the vaccines." She said as long as he was wetting diapers he wasn't dehydrated and that was the only possible concern. Following the vaccinations, my son tested positive for allergies to dairy and egg, was almost diagnosed with failure had sleep apnea severely at age 3 requiring a CPAP, and surgery to remove his tonsils due to obstructive sleep apnea at 4, night terrors from anesthesia for months, difficulty with math, dyslexia, difficulty memorizing and recalling things, difficulty with emotional regulation and change of routine, and sensitivity to some textures. He has finally learned his alphabet in third grade.

Not every person's body handles the toxins in vaccines the same. No study has ever been done to test the cumulative effects of the entire CDC recommended vaccination schedule, including those who've already had a negative reaction. Many, many parents, however, have shared that they saw serious adverse effects after vaccines. Doctors can't seem to explain why some kids regress or experience other chronic conditions following vaccines. My son's allergic reaction to eggs includes a neurological response which produces immediate and extreme stuttering, impairing his speech to the point that he repeats the first 1-2 words of a sentence between 5-20 times before being able to attempt to complete expressing the entire thought. We have removed dairy and egg from his diet and are extremely cautious about where we allow him to eat out.

If I have a right to choose what is healthiest for his body in terms of diet, why shouldn't I have a choice about what is injected into him? Injections bypass the first lines of defense of our skin-mucous membranes and digestive tract. He is physically healthy now and works with amazing perseverance academically. He has dreams of driving a truck, working at an aquarium and owning his own property and business. Why should I be forced to risk a neurological or other adverse reaction to additional vaccinations? Please let parents retain the right to choose. We aren't doing it to be "anti-vax," we have seen real injuries to our children. Every parent I've met who's made the decision to alter or stop following the recommended vaccine schedule has an impressive understanding of vaccine safety, efficacy, side effects, benefits, and even vaccine ingredients—they don't need an education meeting with a doctor. We've weighed the risks and the benefits, and we believe every parent should have the right to do that for their children as well as themselves without harassment, discrimination, or unnecessary burdens of 're-education.'

## *Elizabeth's Story* PRIOR LAKE, MN

### HPV Vaccine Destroyed My Health



I thought an ounce of prevention was worth a pound of cure. Little did I realize how my simple decision to add Gardasil to my cancer prevention strategy would result in so many new health conditions. Sometimes, I wish it were possible to get unvaccinated.

Prior to Gardasil, I was an extremely healthy and active 26-year-old woman. I was always involved in sports and worked out five times per week. I was enjoying a successful career and on my way up the corporate ladder. I hadn't been to a doctor for a single thing in over 5 years. I had maintained a record of clean health for nearly my entire life. At the time, I was engaged to be married and I had my whole life to look forward to.

Much like many well-meaning, concerned parents, my mother thought it would be a good idea to get the HPV vaccine in order to avoid the possibility of getting cervical cancer someday. She wanted me to be "one less," as the commercials claimed. My doctor did not see the point being I had not yet been sexually active and my soon-to-be-husband had no sexually transmitted diseases. Even though it did not make much sense to me or my doctor, we went ahead with the first shot of the vaccine series. My mom was compelled by fear and I followed suit.

I received the first Gardasil shot in November 2007. Several days after that first injection, I returned to my doctor complaining of hand and joint pain, headaches, and nausea. My doctor did not mention it could be the vaccine causing the pain and sent me to a specialist. The specialist could find nothing wrong with me. Several days later, I also experienced partial paralysis in my right arm, the same arm I received the vaccine in. I could not move my arm or my upper neck. This eventually went away but was extremely painful. My doctor again chalked it up to "coincidence."

Months went on and I kept feeling intensely worn down, fatigued, had horrible headaches and just didn't feel like myself. I received the second shot and again, I felt very flu-like. The continuous pain radiating throughout my body felt like burning knives stabbing me in every muscle. The pain was like nothing I had ever felt in my life. Beyond just the pain, I started to develop a "foggy" feeling in my head. Everything seemed confusing. I had a hard time, putting words together forming sentences and getting my thoughts out. Being a well-educated communications major, this was a new and very discouraging challenge for me.

My immune system was clearly compromised. I also developed several food sensitivities including gluten, dairy, eggs, soy, and shrimp. Soon after the vaccine, my menstrual cycles became very irregular, I developed endometriosis and an ovarian cyst. I had surgery to remove the cyst and struggled with infertility. Things kept getting worse. I continued to return to my doctor trying to find out what was wrong with me.

How did I go from a vibrant young woman full of life to a woman who felt trapped in a body that was quickly deteriorating?

Eventually, I was put on disability for three months. I was so ill, I did not attend any social events or Thanksgiving and Christmas. I was unable to function.

The doctors were running out of potential explanations for all of my new medical conditions. They prescribed many anti-depressants, antibiotics, muscle relaxers, narcotics and anti-anxiety meds, which I never took. During my disability, I sought help at the Mayo Clinic. While there, I had about 50 appointments with various doctors doing tests, scans and biopsies trying to unwrap what was slowly eating away at my life.

The physicians were suggesting I had things such as MS, Lupus or Lymes. The final general consensus was that I had fibromyalgia, but one doctor said that my symptoms were all related to depression. I knew without a doubt that all of my issues were not in my head. A diagnosis of fibromyalgia was almost as bad. Fibromyalgia is a disorder characterized by widespread musculoskeletal pain accompanied by fatigue, sleep, memory and mood issues – for which there is no cure. I was beginning to lose hope.

After seeing about a dozen different doctors including chiropractors, naturopathic doctors, and specialists, one doctor finally took the time to sit down and look at all of my medical records to see if we could piece everything together.

By actually printing out everything and laying it down in front of us, it was clear as day that all of my health ailments started exactly when I received the HPV vaccine. Doing some quick research of my own, I also discovered that the HPV vaccine is well known and documented for being one of the most devastating vaccines made to date. According to the VAERS database, it has caused over 30,000 reported adverse reactions to women even much younger than I. Many of them have spent years without recovering.

During my journey to re-discover my health, I have changed many things in my life which I believe have helped make me more whole and will aid in my final healing process. I now eat all mainly organic whole foods, I regularly see a chiropractor, I take probiotics daily, I only take whole organic supplements.

Six years later, there is still not one day that goes by where I am not struggling with my health. My immune system and general well-being is forever altered. I have difficulty even making plans a few weeks out because I never know how I will feel. So many people take their health for granted. Which is something I will never do again. If this vaccine has so harshly altered my health, I can't imagine the detrimental health impacts it would have on the bodies of young children. I am thankful I have a voice for all those who are voiceless.

Despite so many obstacles, I am beyond blessed with an amazingly supportive husband in my corner. I also am surrounded with an extremely encouraging church-family and biological family who have been there for me through so much. After nearly two years of infertility, The Lord blessed us with a son who is now 3. His pediatrician agrees that being he is from a mother with autoimmune conditions and a vaccine injury, he is at greater risk for adverse reactions himself.

I never imagined that in one moment, in one injection, in one foolish decision, my life would change forever.

The risks of possible auto-immune issues, allergies, asthma, and general irreversible damage are too serious and tragic for me to ignore. Do your research on every single vaccine before you make an irreversible decision for your children. I know I will.

## *Gena's Story* ST. LOUIS PARK, MN

**After Pfizer Covid Shots Mom of Two Suffers from Heart Palpitations,  
at Risk for Congestive Heart Failure**



Life before the vax: Vibrant, active, positive, healthy, strong, fun 43YO mama of two, wife and executive

Shot brand: Pfizer

Shot date: 4/22/21 and 5/13/21

Symptoms and diagnosis:

- Fluttering heart palpitations days 2-6 after shot #1
- Tremors, severe chest pain, shortness of breath, dizziness, dysethesia, ER visit within 12 hours of shot #2
- Cardiac inflammation, new PVC, PAC, Mitral Valve Regurg, T-wave irregularity, at risk for Congestive Heart Failure
- Persisting symptoms: chronic chest discomfort, exercise intolerance, fatigue, irritability, swollen lymph nodes, neuropathy, unexplained menstrual dysregulation, MCAS, arthritic-like bone and muscle pain, new and worsening stiffness

## *Hope's Story* MOORHEAD, MN

### Hepatitis B Vaccine at Birth Resulted in Screaming, Colic and No Sleep



After my son had the Hepatitis B vaccine and Vitamin K shot on his first day of life, he developed jaundice, screamed for 48 hours straight and didn't sleep for more than 5 hours total (!) in his first days of life. It was hell and very abnormal.

We later found out he couldn't tolerate my breast milk, which also added to his colic.

After his 4-month vaccines, he developed eczema and then leaky gut and food sensitivities. In 1958, the American Academy of Pediatrics declared that a child with eczema should not be vaccinated.

I have Chronic Lyme Disease and recently the CDC said that people with a family history of immune disorders should not be vaccinated according to the current CDC vaccine schedule. After routine pregnancy vaccines, my condition worsened with neurological symptoms and severe pain in my bones. I learned that I had accumulated toxic levels of mercury and other metals of which my body was unable to properly excrete. I underwent 6 months of chelation. I know vaccines added to my mercury (thimerosal in flu vaccine) and heavy metal toxicity.

I also am very concerned my son could have Congenital Lyme Disease and that all it would take is a trigger like vaccines to set it off. Heavy metals are terrible for Lyme and really inhibit healing.

#### **In 1958 the American Academy of Pediatrics made the following statement:**

- 1) No child with atopic eczema or other skin disorder should be vaccinated.
- 2) No child should be vaccinated if any member of his family has eczema or other skin disorder.
- 3) Parents of children with eczema should be notified at the onset of the disease of the danger from vaccination contact.
- 4) If a sibling of a child with atopic eczema is vaccinated, he must be completely separated from that child for at least 21 days.
- 5) Forms used by state and local health departments for parents' consent to vaccination should include an appropriate warning of the contraindications.
- 6) Eczema vaccinatum should be a reportable disease.
- 7) Patients recently vaccinated must be excluded from pediatric wards containing patients with atopic eczema, other diseases of the skin, burns or healing surgical incisions.
- 8) Vaccination may be recommended at 2 months of age, especially for babies from strongly allergic families.

Received December 18, 1957.  
Accepted February 15, 1958.  
Copyright © 1958 by the American Academy of Pediatrics  
<http://pediatrics.aappublications.org/content/22/2/259>



## *Isaac's Story* STILLWATER, MN

### **Now an Ex-Vaxxer After Putting My Entire Faith in Pediatrician**



I am the mother of two wonderful children. I was once a supporter of vaccines, until I witnessed them injure and harm my own child and now I am an ex-vaxxer.

In January 2011, my husband and I found out that we would be expecting our first child. We were both thrilled and blessed to be adding to our family, and to be welcoming a child of our own. My pregnancy was normal and healthy and our son was growing and thriving.

During my pregnancy I was offered a series of vaccines (Flu, TDaP and MMR) which I refused. I refused all of these vaccines, knowing at the time that there had been no safety studies done on vaccines and pregnancy.

My son was born at the end of September 2011. I had a very short and natural labor and delivery and my son was born healthy and perfect. During our stay at the hospital he received the antibiotic eye ointment and the vitamin K vaccine. We refused the Hepatitis B vaccine. We were released from the hospital after our 24-hour stay. And began our new lives as parents.

During his two-month wellness visit my son was well over the 95<sup>th</sup> percentile for both weight and height. He was thriving wonderfully and ahead in some milestones. During this time, he received his two-month vaccines per the schedule. At this time, I was naive to vaccines, I believed them to be safe and needed, and believed that I was doing the right thing for my son. I was never informed of any possible side effects, or injuries. We were only handed a pamphlet stating that our son might have a fever and be a little more fussy than normal, or may nap more during the first and second day and be sore at the injection sight, and that those were normal reactions. Never were we informed of the long, long list of side effects, and the possible injuries our son might have from these vaccines. We wrongly put our entire trust and faith in our pediatrician.

During that first day, my son slept more than what was his normal sleeping pattern, and I let him sleep, not knowing that this was just the beginning of what would be years and years of trying to heal the damage that was being done.

That night, and the next day my son cried and cried and SCREAMED! A scream and cry that I have never in my entire life have heard a baby make before. I had to hold him in a certain way, if I moved him or altered his position in any way he would become straight as a board and scream this high pitch cry. Later through my own research, learned that this is a known cry caused by the DTaP

vaccine and is caused from the pain of their brain swelling. After that first rough 24 hours my son returned to his emotionally normal self, but his body was not the same. He lost muscle tone and control, he could no longer sit and hold his head up on his own, he fell behind physically on his milestones. He suddenly became allergic and sensitive to a huge list of foods. His stools went from normal breastfed stools to acidic, foul smelling, full of mucus and blood. I had to take many stool samples during the next four months, monitoring the blood in his stools.

Since I was nursing I had to go onto a very strict diet, cutting so many foods out of my diet to help keep him from reacting. We saw a GI specialist, who told me to just give him formula and he would go buy me a Big Mac and that he wasn't going to do anything for my son unless he still had blood in his stool after a year of age. I was told an allergist wouldn't see him until his was two years of age, we saw several different pediatricians who all just shrugged their shoulders with no way of helping my son. The only thing they were willing to do was to switch him to formula which all had ingredients that he was reacting too, and to vaccinate him some more. No one was willing to look into what was going on or even try to heal him. Meanwhile, we were left with a child who was sliding off of the growth charts and often in pain from a new food that he was reacting too, he began to break out into eczema and hives, and his stools were so acidic he would often have diaper rashes.

Out of desperation we sought help through a chiropractor and a food nutritionist and with their help we were finally able to help my son begin to heal! It was a long first four years of his life that was spent with strict diets and detoxes, but he was healing. He's still low on the growth charts, but he is healthy, and happy and thriving today. He is top of his class, very active, loves to read, finds math boring, builds with Legos and creates comic book stories.

My son was healthy and perfect until he received those vaccines, then his gut was destroyed and he was injured. And we received NO help from the doctors who caused the injury, or promote and push vaccines. We were left alone, to heal from these vaccines on our own. Emotionally and financially. I know in my heart and as his mother that he was injured by his two-month vaccines. A mother knows their child best. I prayed for him, I carried him for 9 months, I felt every moment as I birthed him, and then I held him in my arms and never wanted to let go. I know my son was born healthy and perfect and he never had a problem until I ignored my gut and put my trust in those who didn't deserve it and took it for granted and then turned their backs on us and we were left to pick up the pieces.

Our second child, who was also born healthy and perfect, has never received a single vaccine, not even the vitamin K. And the difference between their health is not surprising. I will never willingly vaccinate my children again, not after the life altering experiences we have had from them.

## *Jackson's Story* BROOKLYN PARK, MN

### Food Allergies After Vaccines



In April of 2012, my beautiful baby boy arrived in this world at 8 pounds 8 ounces. I had a perfect pregnancy and was able to have a VBAC. At 2 months old, he received his first round of shots, which included the DTaP, Polio, Hepatitis B, PCV and Hib. That evening, he was not his happy self and slept over 12 hours straight. The doctors told me that it was a “normal” reaction to his vaccines and meant that they were working.

A couple of weeks later, he developed a rash all over his face, on the back of his legs and his arms. He started to become very colicky and irritable. I exclusively breastfed and the doctors said that it must be something that I was eating and had me cut out dairy and some of the other top allergens. It didn't work. We tried different creams and antihistamines and things continued to get worse.

I continued to give him his vaccines according to the childhood vaccine schedule and his behavior and skin issues also increased. At 15 months old, he had his first taste of peanut butter and he immediately broke out into hives and his face became swollen. That was the start of a long list of food allergies. I still had not even thought that the vaccines had anything to do with it. His doctors never mentioned it and I trusted them. He cried A LOT as a baby and toddler and that behavior turned into extreme hyperactivity and impulsiveness as he got older. At the age of 5, I stumbled across the book, *The Peanut Allergy Epidemic—What's Causing it and How to Stop It*, by Heather Fraser. The light bulb turned on for me and I KNEW what had been causing all of these issues. I made the decision to stop vaccinating as I knew there would be continued harm.

A few years later, he started having seizures out of the blue and he was diagnosed with Benign Rolandic Epilepsy. It was discovered during my exhaustive search trying to find the root cause, that he carries the MTHFR gene mutation. He should have never had a single shot based on that alone. I have worked very hard over the last few years trying to detox him and have completely changed his diet. Another shot could severely harm him even more and I am not willing to take that chance. He has come a long way. I know other parents of vaccine injured children carry the same guilt that I have. We are supposed to trust our doctors and I learned very quickly they don't even know the risks. They receive maybe a total of 6 hours of education during medical school around vaccines and are only taught how to administer them and how to convince parents that they are safe and effective. They are not a one size fits all. There is a risk and where there is risk, there must be a choice. That was stolen from me.

*Because there is RISK, there MUST be CHOICE!*

## *Jason's Story* ST. PAUL, MN

### **Living with Haunting Guilt After Allowing My Son to Be Vaccinated**

I would've never guessed that I would've damaged my child by allowing him to receive the childhood vaccines but I did and I will have to live with this guilt for the rest of my life. I do not want anyone else to ever have to go through what Jason, my other son Stephen, my husband and myself went through.

My son, Jason, was a healthy normal baby until he received the DPT shots. On September 6, 1983 Jason received his first DPT shot at two months of age. He suffered a seizure six hours after the shot. On November 2, 1983 at four months of age he was given his second DPT shot. Approximately 20 hours after receiving the shot he had a 40-minute generalized tonic clonic seizure. He was paralyzed on the left side for about two hours.

Jason was hospitalized the following dates in 1984:

1/10/84	1/25/84	1/29/84	4/10/84	4/22/84
5/29/84	6/15/84	7/24/84	9/30/84	10/29/84

When Jason was one years old the neurologist told us that he was going to be mentally retarded. Could you imagine being told that?

In 1985 Jason had a three hour generalized tonic clonic seizure. The ER used many drugs to get the seizure to stop. The doctor told us afterwards that it could've went either direction. In 1990 Jason was put into a coma to stop his absence seizures. He was in the hospital for two months and no one knew if he was going to come out of it. Even his neurologist was in tears one day and admitted that only God was in control.

There are some days where he is in constant absence seizure. In 2001 doctors implanted a Vagal Nerve Stimulator to see if we could get some of his seizure under control. Jason has been on almost every seizure drug there is available.

Jason is a lovable young adult who is moderately to severely mentally handicapped. He functions between a five to six year old. He wears AFO's because he has no muscle control. He has uncontrollable seizures. He will never be able to live on his own or hold a regular full time job. Because of the DPT shot, an innocent normal healthy baby was injured and will suffer the consequences of it for the rest of his life.

His family has suffered in many ways as well. His father was forced to quit his full time job to care for Jason because of all of his seizures. As a couple we went many years without a break because we had no one to care for him. His brother Stephen does not have a normal brother to interact with. In the next few years we are going to be forced to find a group home for Jason instead of him attending college and getting a full time job and living on his own.

## *Jaiden's Story* BLAINE, MN

### Coerced to Take Flu Shot While Pregnant, Baby Died



Jaiden Braziel is my son who I lost to the one and only flu vaccine I had ever had in my life. I was pregnant during the swine flu era, and the hospital and OB clinic scared me into getting the flu vaccine. Against my gut instinct.

His heart stopped 4 days from my due date. There were no visible signs at birth to something being wrong.

He was full-term and full gestational size.

No cord wrapped around his neck, no loss of amniotic fluid, (which we also had tested).

Not one single concern my whole pregnancy.

And we also did numerous genetic tests on my placenta.

Over the years through my research, I learned that the flu shot that was given in that couple years span was one of the most dangerous. The infant mortality rate was quadrupled.

I will never be the same...

## *Jamie's Story* ST. PAUL, MN

### **Outdoor Enthusiast and Mom Needs Wheelchair After Moderna Covid Shot**



Life before the vax: Wonderful! Active hiker, loved to travel and plan mini adventures with my family. Lived a very active life and was looking forward to going back to work in teaching or event planning. Wife and mother of two amazing kids. I just really loved being outside and being active. I also really enjoyed visiting friends from all the different places we have lived.

Shot brand: Moderna

Shot date: 3/31/2021

Symptoms and diagnosis:

- Autonomic dysfunction
- Blood coagulation
- Low oxygen and tightness in chest after small amount of exertion
- Tachycardia and now looking at possible small vessel angina
- Acid reflux/GERD
- Numbness that comes and goes
- Internal vibrations in the back of my head
- Can no longer walk long distances or at a normal pace, wheelchair needed

## *Jeremy's Story* EXCELSIOR, MN

**Father of Two and Avid Hiker Suffers from Tachycardia and Muscle Weakness  
after J&J Covid Vaccine**



Life before the vax: Healthy, hiker, biker, and father of two that loved to enjoy the outdoors with family

Shot brand: Johnson and Johnson

Shot date: 4/9/2021

Symptoms and diagnosis:

- Debilitating sickness and fatigue
- Autonomic dysfunction
- Tachycardia and hypertension
- Involuntary muscle twitching and weakness
- Swollen and painful lymph nodes
- Dizziness

## *Jenny's Story* ELK RIVER, MN

### **Nurse Went from Pro Vaccine to Questioning All Vaccines**



My story with vaccines is much different than many. It's important for you to know that I am a nurse, I graduated with honors in the top of my class. I have dedicated my career to working with adults and children with developmental disabilities. I love being a nurse and working in the field.

In nursing school we are not taught about vaccines, rather we are taught how to administer vaccines. We were never taught what is in vaccines, about risks/side effects, or VAERS. We were also taught when writing research papers to use reliable sources such as .gov, .edu., etc., .org could potentially be used but they are questionable. So where does that leave a nursing student when researching? Government and academia websites. But what if those sites/agencies have been captured by Big Pharma?

Big Pharma? Oh had you said those two words to me 3 years ago I would have laughed and called you a conspiracy theorist. You see, I was not just a nurse, but a HUGE advocate for vaccines. My journey with vaccines began around 2017 when my daughter was 2 years old. A good friend of mine, and previous co-worker, had concerns with her son who was around the same age. Her concerns with her son were the same that I had with my daughter. And she was convinced that he did not have autism, but was vaccine injured. Vaccine injured? That doesn't happen. She begged me to watch a documentary. So I did because this was a friend that I looked up to in the workforce. She was so intelligent, and if this is something she believed-could it be true?

And thus I started my journey with vaccines, though it may not be what you are expecting. After watching the documentaries, then going back and trying to dissect for myself all the pieces, I was not convinced. All it took was a simple Google search with the documentary name and "debunked" after it and you will find a plethora of information discrediting the entire thing. After hours and hours of research the one thing that was missing was any proof to what these documentaries were claiming, and exactly why I wouldn't believe any of it. Because the reality showed either: these people are lying and completely brainwashed into thinking their kids with developmental disabilities were caused by vaccines, or, our government and most trusted health agencies are lying to us. What is easier to believe? Which sounds like a conspiracy?

And then I was angry. I was angry that there were people in the world that were brainwashing other people, like my friend, into such a crazy conspiracy. I was angry that my family would now be at risk because people are choosing to not take vaccines because of this. I didn't want unvaccinated kids to be in a school with my daughter let alone the same room, including my families and friends unvaccinated kids. This is what fueled me to become the biggest vaccine advocate. I felt it was my duty as a nurse to speak out and try to educate these brainwashed people for the greater good. I argued with so many anti-vaxxers. They told me that our health agencies wouldn't acknowledge their injuries, they were being censored, there weren't studies done yet, and they weren't given informed consent about the risks of vaccines.

I joined 2 groups on Facebook because I wanted to get information from all sides. The first was Physicians for



Informed Consent and the second was Nurses Who Vaccinate. I began to speak out to anyone would listen about the importance of childhood vaccines. When we had a measles outbreak in Minnesota, against my pediatricians advice, I opted to get my daughter her 2<sup>nd</sup> MMR vaccine early. This is how convinced I was that vaccines were safe and how fearful I was about these viruses and the un-vaxxed population. This brings me to my daughter's story.

My daughter Piper was born on June 25<sup>th</sup>, a normal healthy baby. She received every single recommended vaccine, I did everything "by the book" in regard to her health. The first sign I knew something was wrong with Piper was when she was around 1 ½. She wasn't talking like normal toddlers her age. She had previously hit all of her developmental milestones, but slowly she was regressing and not hitting them anymore. And she was sick, and I mean constantly sick. She had reoccurring ear infections unresolved with first treatment, then back into the clinic for a second round of antibiotics. Eventually Piper had surgery for ear tubes. And it wasn't just ear infections. I remember one time she broke out with a horrible rash on her back (among other symptoms of illness) and we brought her in to Urgent Care. After her doctor consulted with other physicians she came into the room to tell us they literally had no idea what it was and sent us home. She also had constant GI issues and she wouldn't sleep. I don't think we slept for a year, until after trying literally everything my doctor finally prescribed a low dose of Melatonin to try when Piper was around 2 ½. This is when everything changed for her developmentally. If you aren't sleeping, how can you focus to learn?

Piper started early intervention services at the age of 2. She had a team from the local school district come out and perform several evaluations. The team came to our house once a week and provided educational services for Piper and gave us recommendations to use at home. Pipers team noticed a significant difference once we started Piper on Melatonin and agreed, not sleeping likely impacted her development. We had Piper evaluated around this time for Autism. She was not diagnosed with Autism, instead given a diagnosis of global developmental delay and speech delay. We had further testing for speech and she received a diagnosis of Mixed Expressive Receptive Language disorder. Piper started preschool at the age of 3 years old. I remember filling out the bus form and writing in the special notes section that Piper cannot communicate her wants and needs with words, she cannot answer simple yes/no questions. At this point in time I was so scared, I cried almost every day. I felt alone. No one could really give me straight answers about what was going on with her though her amazing early intervention team did reassure me that Piper would eventually talk. At the age of 3 I finally heard Piper say "mama", and it was the sweetest thing I have ever heard in my life. Still with all of this, I never contributed any of her health or developmental concerns to the vaccines she received. It was something I refused to even consider, vaccines are safe and effective.

Now enter in 2020, the pandemic. Throughout the pandemic I saw things happening that flat out didn't make sense. Many healthcare workers questioned the use of cloth masks, social distancing, and lockdowns, because we knew it didn't make sense. Yet no one dared to speak up for fear of losing our license and being "canceled". How could our most trusted health agencies get this wrong? We knew it then, and studies are now confirming that those measures were not only not helpful, but harmful. I have talked to many nurses, and physicians, who have all agreed the CDC was our most trusted resource for anything health related, but not anymore. We will likely see the effects of this for many years to come, the medical community was left fractured.

Now enter in operation warp speed. With everything I was seeing regarding the pandemic handling, operation warp speed had me extremely cautious. I researched and read everything as information came out. And when they got the EUA for the vaccine, I definitely wasn't the first in line. I wasn't impressed by the original studies that showed the vaccine did not prevent transmission which goes against the very definition of a vaccine. Early on in the pandemic I told my family we will all likely get COVID, and likely survive as we were low risk. I didn't have

that fear like a lot of the population. When the healthcare workers weren't lining up in droves to get the vaccine, why wasn't this a red flag? Then the mandates for healthcare workers came, and I would ask again, why are those on the frontline working with COVID patients not willingly taking the vaccine? That is a question everyone should be asking, and you just may find a healthcare worker brave enough to tell you why.

So this began my journey back to vaccines. In real time I was seeing everything the anti-vaxxers previously told me starting to happen. I was seeing people with injuries censored and shamed. I was seeing that doctors would say in person that people's symptoms were likely caused by the vaccine, but then refuse to document it. I was seeing nurses and doctors who had questions, censored. Remember those 2 Facebook groups I joined? The Nurses who Vaccinate group posted an article about how the vaccine prevents transmission. I commented and showed them the original study showing it doesn't and asked them to take the article down as it is not correct. They blocked me.

Could the anti-vaxxers have been right all along? How can we give true informed consent if we are refusing to even look at the correlation of injuries and vaccines?

Now back to my daughter. If you look at vaccine injuries the most common ones are developmental delay, sleep issues, frequent ear infections, GI issues and many more. Could what my daughter went through be due to a vaccine injury? Maybe. The truth is I will never know, and I am not sure I would want to. I am not sure I could live with knowing that a choice I made for my daughter was so devastating. I should have researched more. I shouldn't have blindly trusted my health care provider who likely hasn't researched themselves, they are just following what their state regulatory health agencies recommend. When I became a mom the most important job in my life is to protect my daughter, not blindly follow. A common thing people my age will say is "we all got the vaccines and our generation is fine". Well, that's only partially true. Are you sure you got the exact same number of vaccines? Same manufacturer? Same ingredients? Heb B vaccine on day one of life? Because if you take the time to research you may find that statement, that I myself used to use to justify vaccines being safe, is incredibly ignorant.

What I do know to be true is my daughter's last vaccine was at the age of 2 years old, she is now 7 years old. She now requires no special education services and is thriving right alongside her peers, at grade level, with language and all developmental skills. She just performed on stage for her second play and loves to sing. For this mama who was scared that she would never speak, I couldn't be prouder and more relieved. Could it be that the further away from vaccines she got, allowing her body to heal, be what helped her? Another question I will never have a definitive answer to though I suspect it to be true. But I can tell you my daughter won't get another vaccine unless I have thoroughly researched it with true informed consent weighing both the risks and benefits. No more blindly following, my daughter deserves better. The choice to decide should never be taken away from any parent.

After all of this I no longer consider myself a huge vaccine advocate. I also do not consider myself an anti-vaxxer. What I believe in is informed consent and choice. It is a fact there are vaccine injuries, so there must always be a choice. I believe this to the core as both a mom and nurse. All kids/people deserve to participate in society including school regardless of their vaccination status, because at the end of the day, there may be a lot to the story we don't see or understand. As a nurse it is vital to present people with informed consent regarding the risks and benefits and let people decide what is right for them. This is ethics. If we do not have ethical medicine what are we left with?

## *Jen's Story* HAM LAKE, MN

### **Covid Vaccine Destroyed My Life**



Life before the vax: Was at the height of her career, a runner, active at the gym, a mother who loved to travel. Found great joy in helping others.

Shot brand: Pfizer

Shot date: 10/12/2021

Symptoms and diagnosis:

- Severe stroke
- Wheelchair bound
- Cannot walk
- No functional use of left arm
- Deaf in one ear
- Right side facial paralysis
- Struggles to speak

## *Jennifer's Story* GOLDEN VALLEY, MN

### Single Mother Unable to Care for Her Son After Covid Vaccine



Life before the vax: Solo parent, previously active mother and business owner

Shot brand: Moderna

Shot date: 2/27/2021

Symptoms and diagnosis:

- Immediate anaphylactic reaction 2 minutes, hives
- Pulse at 120 at rest and sky-high blood pressure
- Crushing heart pain, tremors, muscle spasms
- ER visit for near heart attack
- Numbness and tingling down arm
- Unable to care for herself and her son
- Made arrangements for her death by recording last wishes for the care of her son

## *Jon's Story* Pequot Lakes, MN

### **My Son Was Injured by 7 Vaccines in One Day and Then Kicked Out of Our Doctor's Office**

I want to share our vaccine injury experience with you.

Our son received his routine 4-month vaccines exactly at 4 months old. He was given DTaP, Hib, Polio, Hep B, PCV, and Rotavirus in one day. Within a few hours he was crying incessantly. It became high pitched and he was inconsolable. Over the next few days he continued with the crying and arching his back, but also had a bloated stomach and green frothy stools. The doctor said this was a "normal reaction." On the seventh day of his negative reaction to the vaccines he was given, he had a seizure in my arms, turned blue, and lost consciousness.



I immediately took him back to his doctor who assured me that this had nothing to do with the multitude of vaccines he was given. I showed her one of the vaccine package inserts where it listed seizures as an adverse effect and she still denied the causation. Since she denied the causation, she wouldn't report it to VAERS (Vaccine Adverse Event Reporting System). I reported it myself as I was familiar with VAERS having previously worked in healthcare.

Our son's doctor then went on to say that I need to continue to vaccinate him or she will no longer be able to provide "care." We found a new provider.

Today, our son is seven and relatively healthy. He has fine motor delay, sensory processing disorder, and various tics. We are grateful for this and realize that his reactions could have been so much more severe like many of his friends and peers.

My husband and I have spent countless hours researching medical literature and scientific studies (and lack thereof). One thing that is very clear is that ALL vaccines have documented and undeniable negative side effects. It is a basic human rights violation to mandate anything that has the potential to harm.

Please kindly consider this.

## *Jo's Story* MINNEAPOLIS, MN

**Former Community Activist and Triathlete on Medical Leave,  
No Longer Able to Work**



Life before the vax: Triathlete, distance swimmer, hiker, traveler, youth worker, community activist

Shot brand: Pfizer

Shot date: 12/30/20, 1/20/21 and 10/11/21

Symptoms and diagnosis:

- Tachycardia (vt and SVT), irregular heart beats
- Anxiety, chest pain, fatigue, sleep difficulties
- Muscle twitching in limbs/face, nerve pain in limbs
- Dizziness/light-headed, POTS diagnosis after 1 year
- Parasympathetic insufficiency
- Sympathetic withdrawal hypovolemia
- Food sensitivities – only able to eat about 10 foods
- Difficulty swallowing, rapid weight loss, food sticking in esophagus
- Lower esophageal sphincter dysfunction
- On medical leave, unable to work

## *Judah's Story* **BRAINERD, MN**

### **Liver Damage After Hepatitis B and Vitamin K Injections**

Judah was very healthy at birth, nursing well and sleeping comfortably – until they gave him the hepatitis B vaccine. Then he started vomiting after every nursing. He was transported by ambulance to the Neonatal ICU and was in NICU for 2 ½ weeks. The doctors told me the problem was caused by my breast milk and they made me give him soy formula. The doctors wanted to do a biopsy of his liver. Then the doctors “allowed” me to nurse him again, and finally he started to get better. As a toddler, Judah had problems with his vestibular system. If he saw a crack in the sidewalk, he shook in terror, and had to get down on his knees to cross it. Through dietary changes, detox, therapy and sports, he has improved a lot and is doing well now.

When our second son, Wyatt was born he was healthy, but at 12 months, the doctor wanted to catch him up on all vaccines he was missing. Wyatt got 7 vaccines all in one day. Within two days he was very sick. He had: acidic diarrhea that peeled his skin, full-body eczema, and sudden-onset food allergies with anaphylactic symptoms from nuts and eggs. Prior to these shots, he had had no allergies. The allergies relate to immune system over-stimulation from the vaccines.

When Wyatt was four, we thought it would be safe to give him one vaccine at a time, he was older now. So he got the DTaP. The injection site became as hard as a rock. Within two or three weeks, his personality changed – he had been happy, friendly, sweet. After the vaccination, he turned aggressive – hitting, spitting. He would crawl under the table to avoid people. He would get so mad. He now was diagnosed with autism.

We decided to not give further vaccinations to these boys nor to our next two children. However, we found out years later, looking at medical records, that doctors gave our third child the Hepatitis B vaccination, against our consent or knowledge.

## *Kalista's Story* ROGERS, MN

### **Non-Responsive After 5 Vaccines, No Speech Until 28 Mos., Only Screaming**

When Kalista was 2 months and 2 days old, I brought her for her first vaccines. They gave her DTaP, IPV, Hib, Hep B and Pneumococcal, all on the same day. That night, we found her in her crib lethargic and almost non-responsive. I called 911 and an ambulance came. Her fever was 106.9.

That was the beginning of hell. She had begun the encephalitic scream. She had a hard lump at the injection site that lasted several months. We were asked to not bring her back to three licensed day care providers due to her constant screaming, so at 15 weeks, I was forced to quit my full-time job and become a stay at home mom. Although I stayed home with her she was a very sickly infant and toddler. She suffered from chronic recurring ear infections and sinus infections. As a result, she was on and off antibiotics for years. Kalista threw up a lot, suffered from upper respiratory infections, pneumonia, croup, RSV, hand foot mouth disease, had eczema and was treated with steroids. She had no speech until 28 months, only screaming. She had an ENT specialist, speech specialist and went to the doctor's office often. Despite the fact that the DTaP vaccine insert specifically states: do not administer vaccines containing pertussis to anyone who suffered a fever greater than 105 degrees following a vaccination, **Kalista's doctors proceeded to administer 4 additional DTaP vaccines at 5 months, 8 months, 1 year 3 months, and 5 years of age.** I was not aware of the warning and precaution of the DTaP vaccine until recently. I trusted her doctors were educated regarding vaccines, vaccine safety, and adverse reactions to vaccines. I trusted her doctors had her best interests in mind and they were the most educated in her health.

I stopped vaccinating her and she slowly recovered. She now has tested for learning disabilities although having a high IQ, she has very low retention and recall and required reading intervention in school.

Kassidy, my second child, is 18 months younger than Kalista. I had a panic attack in the doctor's office when I attempted to decline her 2-month vaccines. The office had four different doctors come in and persuade under duress to give Kassidy her 2-month vaccines. My motherly instinct was screaming inside to not vaccinate. I tried to find information regarding vaccine safety and information to have an educated reason to decline vaccines. I could not find specific information. I knew to voice my concern regarding thimerosal. Four doctors insisted a fever reaction similar to Kalista's only happens to 1 in 13,000 babies. They assured me that statistically Kassidy would not have a similar experience. The doctors coerced me under duress and gave Kassidy Tylenol and Ibuprofen and vaccinated her. That night, her temperature spiked to 105.4. She became a fussy, colicky baby and was treated for acid reflux and chronic ear infections.

With our third child Colby, I still hadn't heard of vaccine injury, but my instincts told me if I vaccinated him, I would have another sickly baby. The doctor convinced me to give only one at a time. Colby was given his first vaccine, DTaP at 3 months. He had a second DTaP at 5 months. These vaccinations led to chronic ear infections, upper respiratory infections and pneumonia. He had an allergic reaction to



amoxicillin for the ear infections. An ENT specialist recommended tubes for his ear infections and his adenoids out at 6 months old. After two vaccines he had ENT specialists and a Pulmonologist.

With our fourth child Karianna I declined vaccines. She was born 3/7/11. I successfully declined vaccinations, until when she was four years old. Four years old and she was a very healthy child, only had been to doctors for a couple of wellness appointments. On 2/04/15 I had my husband bring her in for a strep throat test. That day when I was not present and sent my child to the doctor's office sick with possibly strep throat, they convinced my husband under coercion and threatening that Karianna needed to catch up on vaccines in order to go to school. The Partners in Pediatrics office in Rogers administered 7 shots containing 11 vaccines to my already sick child. At one appointment on 2/4/15 they gave her: DTaP, IPV, MMR, HIB, HBV, Varicella, and PCV.

Looking back, I myself had a vaccine injury: in middle school I had a vaccine and I developed migraines and narcolepsy.

**I now know my legal rights to informed medical consent were violated. I know my husband's informed medical consent was violated. Legal rights to Informed Medical Consent states:**

*"Patients have a moral and legal right to determine what will be done with their own person: to be given accurate, complete, and understandable information in a manner that facilitates an informed judgment; to be assisted with weighing the benefits, burdens, and available options in their treatment, including the choice of no treatment; to accept, refuse or terminate treatment without deceit, undue influence, duress, coercion, or penalty, and to be given necessary support throughout the decision making and treatment process." (Paterick)*

In 2017 my neurologist looked at my medical history, medication prescription and sick leaves of absences. He determined that in the years that I received the flu vaccine I suffered from chronic upper respiratory infections including pneumonia and bronchitis, in addition it was evident that the flu vaccine was exacerbating my narcolepsy symptoms. At this point my neurologist insisted I do not receive the flu shot going forward.

Fortunately, I was then able to do research, access information on vaccine injuries and learned how to investigate vaccine safety. This is the facts and legislators need to be informed and protect our rights to make informed medical decisions.

In 1986, Congress mandated the Secretary of Health and Human Services (HHS) with the responsibility to assure vaccine safety. Since 1986, HHS has had the primary responsibility to make and assure improvements in the licensing, manufacturing, adverse reaction reporting, research, safety and efficacy testing of vaccines in order to reduce the risk of adverse vaccine reactions. In order to assure HHS meets its vaccine safety obligations, Congress required as part of the 1986 Act that the Secretary of HHS submit a biennial report to Congress detailing the improvements in vaccine safety made by HHS in the preceding two years.

In August of 2017, the Informed Consent Action Network (ICAN) filed a Freedom of Information Act

to the Health and Human Services(HHS) requesting the biennial reports required as part of the National Childhood Vaccine Injury Act of 1986. HHS failed to provide the requested reports. In 2018, ICAN and Robert F. Kennedy Jr. WON a monumental lawsuit against the United States government. According to a legal document titled, "Mandate for Safer Childhood Vaccines," Health and Human Services (HHS) admitted that it never submitted any biennial reports to Congress detailing the improvements in vaccine safety. Patients have a legal right to medical informed consent regarding vaccination safety.

By not regulating vaccination safety, not disclosing completely to the public known adverse reactions and potential risks, the US Government put the public at risk and failed to allow citizens to make medically informed consent. Mandating a vaccine schedule, pressuring parents to vaccinate without adequate informed consent regarding the burdens, threatening to not allow children to attend school or licensed daycares is a clear representation of deceit of the actual risks, coercion (the practice of persuading someone to do something by using force or threats), duress (threats, violence, constraints, or other action brought to bear on someone to do something against their will or better judgment), and undue influence (influence by which a person is induced to act otherwise than by their own free will or without adequate attention to the consequences). The U.S. government has a legal obligation to provide informed consent and cannot mandate a vaccine schedule and ban children from school based on their vaccine status.

In the future, the U.S. Government must be held legally accountable for effective vaccine safety regulations. Following the legal court ruling, "Mandate for Safer Childhood Vaccines" of 2018, the Health and Human Services must provide mandatory vaccine safety regulations as required by Congress in the National Childhood Vaccine Injury Act (NCVIA) of 1986. As a result of these safety mandates, American citizens demand their legal rights to information and require liability for vaccine safety. More Americans will insist on their Freedom of Information Act and their legal right to Informed Medical Consent. Americans will demand vaccine safety and accurate information on medical risks regarding known adverse reactions for vaccines. \$4 billion dollars paid out on vaccine injuries is evidence that vaccines are dangerous, hazardous to our health, and cause adverse reactions, injuries and deaths.

I refuse to insert known carcinogens into my children. I refuse Polysorbate 80 which breaks down the blood brain barrier. I religiously refuse a female babies DNA or anyone else's DNA including animal DNA to be injected into my children. I refuse thimerosal, mercury, formaldehyde, aluminum, and other known harmful substances from being injected into my body and my children.

There were signs and symptoms from my first child that my children would react poorly to vaccines. Doctors, pharmacists, schools, nurses and the Golden Globes mass market offer vaccines to my children all of the time. Not one took the time to review their medical history to make a medically informed decision on their behalf.

All of my children have visible signs that they react poorly to vaccines: tongue and lip ties, stork bites, sacral dimples, sugar vein - blue veins. Doctors ignore these warning signs and refuse to genetically test for MTHFR. They have the science for clear genetic risk factors, but they ignore this, putting everyone at risk.

## *Karen's Story* DASSEL, MN

### Tinnitus and POTS After Pfizer Covid Shot



Life before the vax: Active, healthy and full of life, full time employee

Shot brand: Pfizer

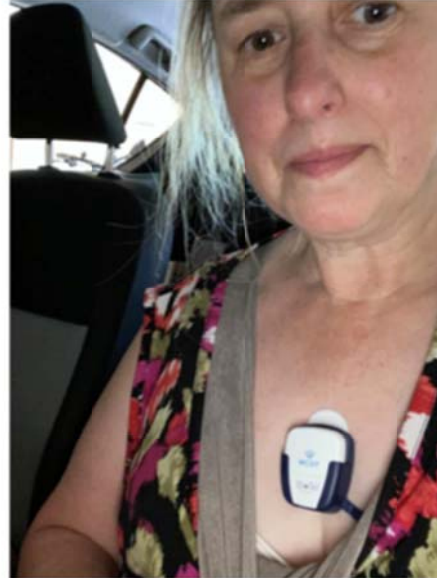
Shot date: 8/26/2021

Symptoms and diagnosis:

- POTS symptoms
- Adrenaline surges
- Extreme headaches and migraines
- Severe brain fog and memory problems
- Weakness and fatigue
- Internal vibrations
- Tinnitus
- Vision Changes
- Neuropathy of arms/legs

## *Kate's Story* NEW BRIGHTON, MN

### I Miss the Old Me, Before the Covid Vaccine



Life before the vax: Teacher, active Boundary Waters hiker and world traveler with the heart of a teenager

Shot brand: Moderna

Shot date: 2/16/2021

Symptoms and diagnosis:

- Brain pain, dizziness, fever, severe headache, very swollen red arm
- Tinnitus, scary head pressure, vertigo, feeling like I was going to die
- Heart palpitations, heart enlargement and Atrial Fibrillation
- Neuropathy, burning foot pain, bone pain, difficulty walking and possible Guillain Barre Syndrome
- Making progress, but still trying to get back to who I was. I miss the old me.

## *Kristie's Story* ST. PAUL, MN

### Debilitating Pain and Dizziness after Covid Moderna Shots



Life before the vax: Healthy, active, strong, self-sufficient and energetic 65-year-old

Shot brand: Moderna

Shot date: 2/27/2021 and 3/27/2021

Symptoms and diagnosis:

- Overnight Bilateral Carpal Tunnel
- Myositis: AntiSynthetase Syndrome
- Muscle weakness and stiff joints
- Overwhelming fatigue and insomnia
- Debilitating pain and dizziness
- Prescribed lifelong meds for disease

## *Maia's Story* **BURNSVILLE, MN**

### **Unvaccinated Children Are Healthier Than My Vaccinated Children**

When my daughter, Maia, received the MMR vaccine at age 13 months, within days, she became very ill with a fever. She wouldn't eat and she wouldn't sleep. For two years after that, she would get a fever of 103–105 every 28–30 days, like clockwork, accompanied with mouth sores, swollen lymph glands in her neck and groin and severe eczema. She had dark reddish circles under her eyes, headaches, joint pain, tummy aches, as well as behavior changes. She also never slept through the night during those years. Finally, an alternative health care practitioner used Applied Kinesiology and helped her to detoxify those vaccines and get well again.

I have stopped giving my kids vaccinations.

I fully vaccinated my first four children and they were sick all the time with diaper rash, runny noses and tons of ear infections. My last two children are not vaccinated, and they have had none of those illnesses and are much healthier than my vaccinated children.

## *Lily's Story* MINNESOTA

### **My Daughter Died from Vaccines**

My daughter was damaged after her vaccinations began. Our bright alert child began to have seizures 8 days after her 2nd round of shots. The doctors informed me that "it was not related to the shots." She continued to have seizures and yet I was strongly encouraged to allow her next round of shots. I did! (DANG) and "go figure" she had more seizures 8 days after the shots *again*. This time I tried to register a complaint about an adverse reaction to the vaccinations. I was informed by my doctor that her reaction did not fit within "their timetable to qualify as being related to the vaccination." He would not file a report with the CDC's VAERs.

Lily continued to have recurrent status Global Delays Acquired Microcephaly- Ataxia-Spasticity-developed. Setbacks continued. She ended up with an alphabet soup of "symptoms." After tons of testing we had narrowed the focus down to a Mitochondrial Disorder. MELAS-NAARP or Pyruvate Dehydrogenase.

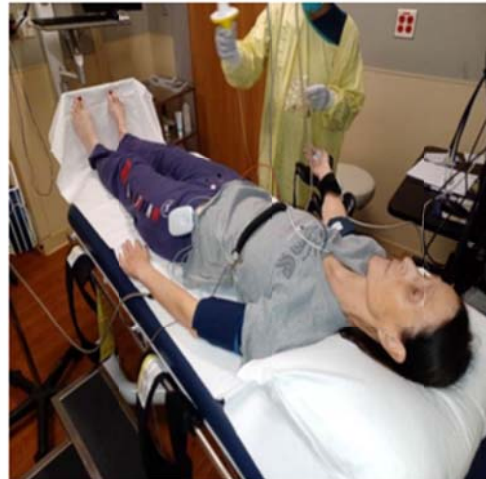
Throughout all of her difficulties she continued to be a happy alert cheery child who didn't seem to mind learning how to sit up again & again & again & again. But alas our Little Light lost her battle with life and died on October 11, 2019 after a terrible 2-hour seizure that just wouldn't quit.

The doctors say she had a genetic disorder. But if "all kids" are being given the first round of vaccinations on day 1 life and again at 8 weeks, how do we know that we haven't altered their genetics? I question the growing number of kids being diagnosed with Mitochondria disorders. Is it just coincidence that the increasing number of Mitochondria disorders is going up as is the number of children being vaccinated and the number of vaccinations required? Would Lily have had seizures and all that followed without the shots? I will never know the answer.

Would she have been able to tolerate them spaced out, or when she was older? I also question the numbers that the CDC uses when they say "adverse reactions rate." As I learned first-hand, if a doctor does not file the report, what kind of "truth" is behind their numbers? Questions, questions, questions – and no one seems to want to find the answers if those answers could be vaccines. Ultimately, we should exercise caution and the precautionary principle. Why do we vaccinate our children with so many vaccines, so soon? Why not wait until their immune systems are more fully functioning and stronger?

## *Laura's Story* ROCHESTER, MN

### **Avid Traveler Suffers from Cardiac Arrhythmia and Neuropathy After Pfizer Covid Shot**



Life before the vax: Healthy lifestyle and active athlete; avid traveler; enthusiastic cook; social butterfly

Shot brand: Pfizer

Shot date: 2/17/2021

Symptoms and diagnosis:

- Severe daily mouth lesions that limits food intake
- Small and large-fiber neuropathy in legs, arms, face and back
- Cardiac Arrhythmia
- Dizziness, fatigue
- Tinnitus
- Diverticulitis that required a colon resection
- Nausea
- Headaches



## *Lydia's Story* STILLWATER, MN

### Advocate for Parental Rights to Choose After Vaccine Injury



My name is Lydia, I am a mother of two beautiful and wonderful children, ages 7 and 3. I am writing to share my story with you, to highlight the reason and need for continued human and parental rights when it comes to choosing what we put or don't put into our bodies.

First, I want to make it clear that before my children, I had always been a “pro” vaccine supporter. I, without any research, believed them to be safe and to do what they are proclaimed to do. Protect us against diseases.

In 2011, I became pregnant with our first child. My husband and I were so excited to begin our new journey as parents and couldn't wait to welcome our blessing into the world. During the time of my pregnancy, I was tested and shown to have NO immunity against rubella, even though I had been vaccinated for it as a child and according to the schedule at that time. I was pressured to receive the MMR vaccine during my pregnancy and refused. After my son was born and during my 6-week postpartum check-up I received the MMR vaccine. After that vaccine I began to suffer from a host of problems, mainly to do with my thyroid. My thyroid first became hyper, I lost a crazy amount of weight in a very short amount of time and began to have bald spots from the amount of hair I continuously lost during my son's first year of life. After almost a year of my thyroid being hyper my thyroid switched to hypo. I suddenly gained a crazy amount of weight in a very short amount of time and began to suffer many other symptoms.

Over the years I struggled with controlling my thyroid through diet. But my symptoms only worsened. I continued to gain weight despite my strict diet. I've suffered from severe exhaustion, exhaustion to the point of becoming ill, where I struggle to keep up with my energetic 3-year-old. I struggle with doing the things I love to do- hiking, long-distance walking and dancing. I also suffer from severe joint pain. Every single joint in my body hurts in a way I know they shouldn't at my age; imbalanced hormones and overall poor health that affects my day-to-day life. I also suffered from secondary infertility. It took me over two years to conceive our daughter and I also suffered from two miscarriages during those years of trying to conceive another child. There are no known thyroid problems on either side of my family, and I heavily suspect that the MMR vaccine triggered this autoimmune response in my body.

I have spent the last seven years researching vaccines, their side effects and ingredients and am left feeling betrayed, angry and injured. Never was I given informed consent, never was I told about any possible side effects, or injuries. And now, I still do not have “immunity” to rubella. Not only have I suffered physically and emotionally from this vaccine, but it hasn't even offered me the protection that it promised to give.

I have lost all trust and faith in vaccines, they have no safety studies and those who try to force and push them onto my family have no accountability when it comes to injuries and death.

## *Nick's Story* MINNESOTA

### **Vaccine Ingredients Caused Me to Stop Vaccinating**

I am very concerned about all the vaccinations children are getting.

My son was a 8 pound 14 ounce healthy boy. He developed normally until he received vaccinations at 15 months. After receiving those vaccinations, he started to become less tolerant of his environment. Transitions starting to become difficult.

At age 3, he preferred to open and close doors rather than play with the other kids. My family looked down on me because of his behavior. I remember having to leave a family reunion because of his repetitive behaviors.

I found out the ingredients of the vaccinations just before my son was to receive more vaccinations at age five. I did not allow him to receive those vaccinations because of my Christian values and common sense.

Needless to say, I am now anti-vaccine.

## *Milo's Story* ZIMMERMAN, MN

### Toddler Hospitalized for 120 Days After Pfizer Covid Shot



Life before the vax: 23-week-old micro-preemie developmentally behind, but walking, eating and emotionally expressive

Shot brand: Pfizer 1 shot

Shot date: 12/10/2021

Symptoms and diagnosis:

- Within hours of the shot was gasping for air and hospitalized 120 days
- GBS impacting his left side
- Has a trach and needs oxygen at night
- Golf ball sized blood clots
- Full body swelling
- Had to re-learn to hold his head, swallow, stand and eye contact and expression

## *Olivia's Story* MINNEAPOLIS, MN

### **In Wheelchair after Pneumococcal Vaccine**



Olivia R., then age 14 and vaccine-injured. Olivia was walking, talking, and exceeding milestones at 18 months when she regressed after her Pneumococcal vaccine. Today, she is nonverbal with no movement control.

## *Nurse's Story* **BRAINERD, MN**

### **Nurse Who Never Questioned Vaccines Found She Had To**

I am a nurse. I never thought about not vaccinating. I just did it. I didn't look into it much. At my daughter's three month shot appointment she turned bright red and cried the most horrendous high-pitched cry. Then she fell asleep and for the next 24 hours was difficult to wake up, waking only briefly to eat. Despite my bad feelings, I continued to take her in for shots until she was 9 months old with similar results. My loud child who never sat still would become almost lifeless and difficult to wake up.

I asked the doctor about things I was seeing and the doctor was annoyed at my questions. I was told repeatedly it was normal, that I HAD to vaccinate. I was made to feel stupid for even asking questions. I was pressured to keep going despite my concerns.

After every vaccination, there were eczema flares, sudden stomach pain and diarrhea, food sensitivities that didn't bother her before, dark circles under her eyes, decreased sleeping despite her being exhausted. She was getting sick constantly with congestion and fevers and vomiting, her nose was always running. These are the norm?

I told my doctor I didn't want any more shots until I learned more about what was going on with her body. Her "it's just normal" answer didn't sit well with me. How can that be normal for a healthy child? These are signs that if seen in my patients would be of interest to a doctor, not an annoyance.

While I put shots on hold, her eczema went away, her stomach quit hurting, her dark circles went away, and her sleep became regular. She quit getting sick every week or two, she quit vomiting. I decided to not do any more vaccines at that time. I felt so alone. A nurse who didn't want shots? Then I heard the same stories over and over and over from parents whom I have never met but who reached out online to share their experiences. We could be verbally crucified and by nurses who didn't feel the same. We would be workplace outcasts. They described the same things I saw in my daughter. Some of their children are much worse off than mine. Many of them are also seeing symptoms abate after stopping their shots.

Food can still be a struggle for my child, but all in all she is now a healthy young girl. Please listen to our voices. We are parents who dearly love our children. We followed our doctor's advice without question. We vaccinated. We did what we should do. Until we didn't. Now we are asking you to hear us. Hear our concerns. Our children are our most valuable and promising part of our future. We want what's best for them. Thank you for serving. Thank you for reading. We depend on you to be our voice.

## *Randy's Story* WATERTOWN, MN

### **School Aid for Disabled Children Can No Longer Work After Johnson & Johnson Covid Shot**



Life before the vax: Active tourism owner, father and school aid for disabled children

Shot brand: Johnson and Johnson

Shot date: 8/3/2021

Symptoms and diagnosis:

- Needs a cane to walk
- Burning pain in knees
- Extreme pain in hips and lower back
- Debilitating fatigue
- Muscle weakness

## *Oliver's Story* ST. PAUL, MN

### Severe Autism After Vaccines



My son was injured by vaccines.

When he was born, he was healthy and full term. He weighed 9.5 lbs. and was a happy, interactive baby. He hit all his milestones: rolling over, smiling, sitting up, crawling and walking. He babbled at all the appropriate ages. Since he was our fourth child, we had a very good idea of what normal development looked like.

After his 4-month vaccinations, he developed horrible eczema. He also seemed to struggle with some illnesses more than my other children had, specifically respiratory illnesses. After his vaccinations at 12 months old, it became more difficult to interact with him. He also had not started using words like the rest of my children had by that point. But my doctor assured me that everything was fine. He was just a boy and some boys developed later. I trusted my doctor and we stayed on the recommended vaccine schedule.

My son regressed further after the 15-month shots and after we completed the 18-month shots with him receiving nearly all the CDC recommended infant vaccinations, he stopped speaking all together. He fell silently into his own world (except for the screaming and the crying), and life became extremely difficult for him and for our whole family. We lost the son that was born to us.

At 27 months, he was diagnosed with moderate to severe autism. He since has also received a diagnosis of verbal apraxia and bowel disease. Our life as a normal functioning family has changed dramatically. It has affected not only our lives, but the lives of our whole community. My son is now 5. He needs constant care. He has escaped our home before and been returned by neighbors. He has no fear of vehicles and is a threat to himself. He has physically harmed himself and his siblings. He attends special school and therapies, paid for by Medical Assistance.

Our family's finances have taken a direct hit because of the extraordinary cost of his care and my needing to be his primary constant care giver. My other children's lives have been altered since going and doing as a normal family can no longer happen. My husband and I have been unable to keep in touch with friends as we cannot easily leave him in the care of others. Our health has deteriorated because of sleepless nights and too much stress. This is a devastating diagnosis. Much of my faith in the establishment looking out for and caring for the best interest of children has been shattered.

## *Olivia's Story* LAKEVILLE, MN

### Lost Everything Since MMR Vaccine



Before MMR Vaccine



After MMR Vaccine

The day after Olivia's first DPT vaccine, she developed an ear infection. From that time on she was on antibiotics every month. After her 6-month vaccines, she began shaking all over, which continued.

However, her development was normal until she received her MMR vaccine at 22 months. Within 7 days she was having seizures, like 100 seizures per day. To this day, Olivia has uncontrolled seizures. That week she developed diarrhea, as in 25 stools per day. She lost all of her words, she lost eye contact with us, and lost engagement with us.

When Olivia came into puberty, she lost the ability to walk, and has been wheelchair bound ever since. Today she is 23 years old—she cannot talk, she cannot learn, she is very weak. It all started with the vaccine injury, which has affected our whole family, and has caused suffering and complete devastation to Olivia's life.

Visit [www.restoringolivia.com](http://www.restoringolivia.com) to learn more.

I have decided not to vaccinate my other daughter, to protect her, and she is completely healthy.



## *Porter's Story* MINNEAPOLIS, MN

### Compensated in Vaccine Court for his Vaccine Induced Brain Damage & Autism



In 2001, after 8 years of litigation before the US Vaccine Court, HHS conceded that Porter Bridges regressed into autism from his 9 vaccines administered on February 25, 1994. Porter was then a thriving 4-month-old who had never been sick. Following HHS' concession the Federal Vaccine Court awarded him \$8 million to finance lifetime treatment for intractable seizures, developmental delays and autism, including special autism schools until age 22. Porter is non-verbal, non-toilet trained and needs round the clock treatment for life.

After Porter (and dozens of other petitioners) had been quietly compensated for vaccine injuries resulting in autism, the Department of Justice dismissed nearly 5,400 claims of vaccine-induced autism from the NVICP in what was known as the Omnibus Autism Proceeding (OAP). Two DOJ attorneys are now being investigated for committing fraud during the OAP, in order to ensure these claims were dismissed rather than compensated.

Porter's mother, Dr. Sarah Bridges, is a PhD neuropsychologist and mother of six who lives in Minneapolis and says "We are one of the few cases in which the government has acknowledged that a vaccine caused my son's brain damage and autism. The American people need to understand that the pharmaceutical industry has total blanket immunity to lawsuits. They have no incentive to study or improve safety. If your child is injured by a vaccine, you cannot sue in the American court system. You are sent to Vaccine Court. It took me eight years for my 'swift justice'. I say it facetiously because CDC website's promotes swift justice for people who can prove they have a vaccine injury."

Dr. Bridges authored a book about her son's severe vaccine reaction, *A Bad Reaction*, and has appeared on media outlets like *FOX National News* ([https://www.youtube.com/watch?v=Aja4KZ\\_Jxz4](https://www.youtube.com/watch?v=Aja4KZ_Jxz4)), *The Washington Post* (<https://www.washingtonpost.com/archive/lifestyle/magazine/2003/08/03/reaction/c16b42a3-ac4d-4341-b385-6fe06981d4ea/>). Her other son, Noah, also made a video about Porter that went viral: *My Brother Porter* that was removed (<https://www.youtube.com/watch?v=ojcXbntGC-Y&t=2s>)

Dr. Bridges was also the person who first persuaded Robert F. Kennedy Jr. to look into vaccine ingredients and vaccine science (<https://childrenshealthdefense.org/about-us/mercury-vaccines-cdcs-worst-nightmare/>)



## *Saalem's Story* WOODBURY, MN

### Completely Shut Down After MMR Vaccine



Saalem is my fourth child. He was born May 7, 2008. We live in Woodbury, Minnesota now, but at that time we lived in Nashville. I breast fed all of my children. At two-months old, he had some shots. Then more shots at 4 months, 6 months, 9 months. They gave so many doses at once.

It seemed like each time they gave him another vaccine, something went wrong. He would break out in hives, eruptions all over. After a shot, he would get an ear infection; he would have gas and constipation; he got “lazy eye.”

At one year old, he had the MMR vaccine. Before the MMR, he was starting to talk, and he would come when I called him. He was napping every day. After the MMR, that vaccination completely shut him down. He stopped talking entirely. To this day he does not talk at all. He would not come when I called him. He stopped napping. He regressed, like he was six months old. I told my doctor there is something wrong with him. He is not normal.

Finally, he was diagnosed with autism. That day was very dark. I was crying all the way home. I was pregnant, and I lost the baby.

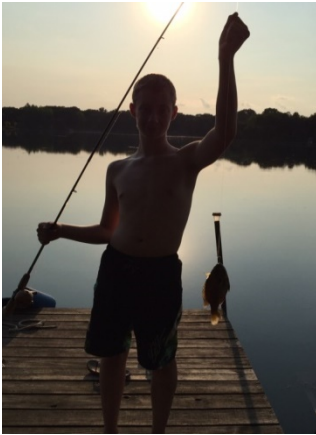
Today, Saalem is 13 years old and he needs to be taken care of. Saalem is nonverbal and has no way to express what has happened to him, or what he needs, or what's going on around him. This has affected my whole family. My Dad got very sick. I wanted to visit him, but if I leave Saalem home with my husband, my husband would not be able to go to work. My Dad passed away and I could not go see him. Then my Mom got sick and I could not visit her before she passed away, because I could not leave Saalem.

It has crushed my dreams. I had a dream to go back to school to be something. But I had to give that up, because everything has to be focused on my son.

With my three-year old son, my doctor kept pushing me to give more shots. I agreed to a few, just a few at a time. But he broke out in hives, too, so I told my doctor no more shots. Now that son is doing fine since stopping all shots.

## *Sean's Story* SHOREVIEW, MN

### **Just One of the 5,400 Cases of Vaccine-Induced Autism Dismissed in Vaccine Court**



At my son Sean's 4-year checkup (in 2001) he was recovering from pneumonia and had been on 3 rounds of antibiotics. His pediatrician said he "needed" 7 vaccines that day. I was concerned since he was still running a low fever. And he wasn't due to start kindergarten for 18 months, so there was no rush to vaccinate him that day.

The doctor said he would be fine, and insisted. I told her I was concerned about mercury in the vaccines, and she got very irritated with me. She said there was no mercury in shots anymore (which I later found out was untrue) and that the mercury in vaccines had been a "safe" form of mercury.

I made the biggest mistake of my life that day by allowing her to bully me. Sean received the measles, mumps, rubella, diphtheria, pertussis, tetanus, and polio vaccines—all while on antibiotics and weakened by pneumonia. What doctor would do that to a child??

He became listless and lethargic—barely conscious for two days, while a fever raged that went as high as 105 degrees. I frantically called his pediatrician, who had no answers but to give him Tylenol. I took Sean to the Emergency Room, where the attending physician (an infectious disease specialist) said it was probably a vaccine reaction. But she could do nothing for him, either – aside from testing for strep (which was negative) and giving him MORE antibiotics and more Tylenol. We were sent home the next morning.

Sean thankfully recovered from the acute illness, but the vaccine-induced encephalopathy caused his behavior and skills to regress. He was given a behavioral diagnosis of PDD-NOS (on the autism spectrum) 9 months later.

After almost two years on a waiting list, I was able to get Sean in to an excellent (but of course out-of-state and out-of-pocket) doctor. Under this doctor's care Sean began to slowly heal. The doctor tested Sean extensively for everything including genetic polymorphisms, allergens, and vaccine-induced autoimmunity. He reviewed Sean's history and test results and concluded that Sean had indeed suffered a vaccine injury. He told me about the National Vaccine Injury Compensation Program, which Sean's pediatrician had never mentioned, nor had the ER doctor who stated that Sean had suffered a vaccine reaction.

I was barely able to file a claim in the program within the short three-year window. I became connected with other parents of vaccine-injured children and learned that the NVICP had been flooded with over 5,000 other claims like ours. In the whole history of the court there had never been that many claims filed – for any type of vaccine injury. I naïvely assumed this would show the government that there was clearly an epidemic of vaccine-induced brain damage happening, and that they would quickly work to stop it from happening to any other families. I couldn't have been more wrong.

Because there were so many vaccine-induced autism claims, they were combined into the Omnibus Autism Proceedings, presumably to settle “test” cases to facilitate moving similar claims forward more quickly and easily. Hannah Poling's claim (which was supposed to be one of the test cases) was mysteriously pulled from the OAP, conceded by the court, and compensated. Hannah had a very strong case with support from the government's expert witness, Dr. Zimmerman. The court concluded that this child's mitochondrial polymorphisms made her susceptible to vaccine-induced brain damage, resulting in autism. The court tried to seal the records of this claim to prevent the public from knowing about it, but Hannah's parents held a press conference and mainstream news actually reported on it.

Like Hannah, and many other children with autism (including hundreds of other children in the OAP), Sean has mitochondrial genetic polymorphisms. It became clear that the government had deliberately compensated Hannah's case separately to avoid having to compensate similar claims.

Now we have a signed statement from Dr. Zimmerman, who had previously been the government's star witness in fighting many injury claims in the NVICP, stating he had informed the Department of Justice attorneys during the course of the OAP Proceeding that vaccines CAN cause autism in certain children. But rather than allowing that information to be presented, the DOJ immediately fired Dr. Zimmerman. They used testimony he had submitted that was specific to a single case (Michelle Cedillo, who was another one of the OAP test cases) and applied that testimony to essentially wipe out the other 5,400 claims of vaccine-induced autism.

This was clear fraud, and the DOJ attorneys who were responsible need to be charged for this crime. Not only were 5,400 children denied justice in the OAP ten years ago, but the over 1,000,000 children diagnosed with autism since then have had no hope for justice in this program. The NVICP was set up to protect the vaccine manufacturers from having to pay damages when their products kill or harm people. It was supposed to be “swift and just”, with claimants receiving a verdict within 240 days. Sean's claim in the NVICP was dismissed after languishing there for over a decade.

Today, my son is nearly 26 years old. He is a delightful young man who functions intellectually

at about a 1<sup>st</sup>-grade level. He suffers from autoimmune dysfunction, mitochondrial dysfunction, a metabolic disorder, food allergies, PANDAS, and permanent brain damage. He has worked harder in his life than anyone I know just to be able to navigate the world around him. The state of Minnesota pays for much of his daily care, and his day program. He is on Medical Assistance. Sean lives with me and I am his legal guardian. He will never drive and will never be able to live a fully independent life. He will always need help.

I love my son for the wonderful person he is, and I know how lucky I am that the vaccines didn't kill him. But Sean's life has been extremely difficult because of his vaccine injuries, and I would not wish that on any other person. He suffers from severe anxiety, bouts of crippling OCD, and periods of anger and rage. He has been through a multitude of treatments and therapies over the years, including a 4-year window where he was receiving 28 hours a week of in-home ABA therapy, while also attending twice-weekly sessions of Physical Therapy, Speech Therapy, and Occupational Therapy—in addition to participating in a school program for disabled children. He has undergone numerous biomedical treatments to heal and counteract the vaccine damage done to his GI system and immune system. He received weekly glutathione infusions for a period of 6 years. He is on a special diet and takes many supplements every day. He (and I) endured hundreds of blood draws, dozens of urine and stool collections, and countless sleepless nights.

Our life has been a series of ups and downs, with great leaps forward in development followed by severe periods of illness and regression. I am grateful that we found forward-thinking doctors who were able to help my son, and that he responded so well to the different treatments. We devoted every penny toward Sean's recovery, and consequently I have little saved for my own retirement. But I thank God every day that these interventions helped Sean recover, heal, and be in less pain. He can communicate effectively, advocate for what he wants in his life, and participate in society.

Looking back on my own childhood, I (and all my siblings) got the measles, the mumps, chicken pox, and other communicable diseases, as did most American children. These were not deadly diseases in the US, even back in the 1960s. They were mild, short-lived illnesses that conferred lifelong immunity.

I wish I had thought about that when I bought into the fear-based tactics used to push vaccines on my own children. A week in bed with the measles sounds like a day in the park compared to an entire lifetime suffering from vaccine injury.

## *SydneyAnn's Story* **MINNESOTA**

### **Almost Died from MMR Vaccine**

What parent would deny their children access to vaccinations that have proven to prevent life threatening diseases? That was my thought process when I had my first child in 2014. A year later, my husband would be holding my son telling me later that he thought it might be the last time he held his son alive. My son had an adverse reaction to the MMR shot. I was shocked that this could happen. It was upsetting that my doctor had told me vaccines were safe and potential risks were not explained to me.

After this experience I am advocating that there is no “one size fits all” when it comes to medications and medical procedures including vaccinations. If I told you, you must take penicillin, and you were allergic to it, would you be upset? Would you feel I am taking away your ability to make a choice that’s best for your unique health situation? The same goes for mandating any medical procedure including vaccinations.

People should always have a choice about what is injected into their bodies. Please continue to support informed consent and medical freedom of choice that our current laws uphold.

## *Shannon's Story* LITTLE FALLS, MN

**Staff Sargent in the Best Shape of Her Life Now Suffers from POTS and Debilitating Sickness After Johnson and Johnson Covid Shot**



Life before the vax: Single Mother, Staff Sargent in the National Guard, was in the best shape of her life – deployed in Kuwait

Shot brand: Johnson and Johnson

Shot date: 5/2021

Symptoms and diagnosis:

- Tingling, tremors and numbness all over
- Pain and dizziness
- Feelings of electrocution, muscle twitching
- Chest pains
- Extreme fatigue yet unable to sleep
- Muscle weakness and stiff joints, burning skin
- Central Sensitization Syndrome (Chronic Fatigue Syndrome)
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Fibromyalgia

## *Wayne & Elaine's Story* MANKATO, MN

### **Granddaughter Died After Vaccine Reaction**

We lost a granddaughter due to a vaccine overdose. It was supposed to be given in 2 doses but was given in 1 dose. It was too much for her. She should have gotten half the dose twice but the doctor gave it to her all as one. She was 3 ½. After the vaccine, she was hospitalized and never came out of it. The vaccine made her brain swell.

I have worked in the dental field – and I have to follow the directions – shake the bottle, etc. On directions, says two doses instead of one. The other two girls got sick after vaccines as well, but not to the point of her – death.



## *Tim's Story* HIBBING, MN

### Doctors Acknowledge Covid Vaccines Caused Army Veteran's Death



Life before the vax: Retired enlisted Army veteran with a deep love for partner Teresa and family. Embraced an active life.

Shot brand: Pfizer

Shot date: 3/21/21 and 4/19/21

#### Symptoms and Diagnosis:

- Died June 6, 2021 at age 59
- Lost 75 pounds in one month
- Sudden neurological problems in both legs
- Suffered cognitive decline with unusual behaviors he himself recognized
- All symptoms started after two vaccines
- Doctors acknowledge vaccine connection to death
- Detailed diary of all Tim's vaccine reactions
- Sudden chest pains evening of death

## *Suzanna's Story* ST. PAUL, MN

### Triathlete Now Wheelchair Bound After Covid Shots



Life before the vax: Triathlete, long distance biker, full-time employee, mother and wife who loved traveling

Shot brand: Pfizer

Shot dates: 3/23/21 and 4/13/21

#### Symptoms and Diagnosis:

- Needs a wheelchair for long distance
- Small Fiber Neuropathy
- Blood coagulation
- Debilitating fatigue and muscle weakness
- Severe brain fog, dizziness, blurry vision
- Autonomic dysfunction
- Tachycardia and heart ventricle enlargement
- Involuntary muscle twitching and internal vibrations

## *Wayne and Nick's Story* MAPLEWOOD, MN

**Minnesota Author of *The Vaccine Court*:  
Vaccine injury 'more prevalent than they care to tell us'**



**Taken from Alpha News story: “Minnesota author: Vaccine injury ‘more prevalent than they care to tell us” by Rose Williams:**

Wayne Rohde’s son, Nick, was injured by a vaccine as an infant and never fully recovered.

He joined Liz Collin Reports this week to discuss his heartbreaking experience with vaccine injury and explain how the COVID-19 vaccine has increased injuries and deaths associated with vaccination.

Rohde’s now 25-year-old son Nick has severe regressive autism, a disorder caused by the MMR vaccines he received as a 13-month-old, Rohde said.

“He lost his voice, his speech, the ability to play with his brother socially. He became very isolated,” Rohde explained. Nick regressed into severe autism, and “that’s where he is today.”

Rohde is the author of “The Vaccine Court: The Dark Truth of America’s Vaccine Injury Compensation Program,” which is a critical review of the federal compensation program written from his firsthand experience.

He doesn’t find Darlene Carlson’s story especially surprising, he said. Carlson was an 82-year-old woman who died after receiving her booster shot and whose adverse reaction was never reported.

“We’re seeing a lot more deaths, we’re seeing a lot more severe injuries, permanent injuries, especially from this COVID vaccine,” Rohde said. “The numbers are unbelievable compared to what we used to have just from childhood vaccines.”

Rohde predicts the number of vaccine injuries is 50-70 times higher compared to before the COVID-19 vaccine became available.

“We can’t get the medical community to accept that we do have vaccine injury, it’s more prominent, more prevalent than what they care to tell us,” he said.

More than 20,000 Minnesotans have reported side effects from the COVID vaccine, using the Vaccine Adverse Event Reporting System (VAERS).

While VAERS is “passive reporting,” Rohde pointed out, there is a federal law that requires doctors, nurses, and clinicians to report adverse effects from vaccines on patients they care for.

However, “there’s no teeth to that law,” Rohde said. There’s no penalty if injuries go unreported, leaving families to file the info themselves. The system takes 20-30 minutes to file a single report, he said, which makes it even less likely that medical providers will have the time to report adverse events. When families take the time to file a report — which used to be much easier — they receive a temporary ID number but often are unable to find a record of the report later.

He believes the number of reports filed in Minnesota reflects only 20-30 percent of the true number of vaccine injuries.

There is talk of “freezing the VAERS system” and requiring independent audits, Rohde said, but he doesn’t have much faith that will happen anytime soon.

“The powers that be will kind of keep things suppressed,” he said.

Rohde believes the best way to inform people about vaccine injuries is to continue sharing stories of those who have had adverse reactions.

The documentary *Anecdotal*, which premiered in Minnesota earlier this month, includes testimonies from several vaccine-injured Americans. Rohde, a Minnesotan, attended the premiere of the film, which he said shows “good testimony without the sensationalism ... stretching the truth” that other documentaries use.

“We should be focusing most on people who just don’t believe that they can get injured here, and they’re what I call ‘walking injured.’ Sooner or later some of them are gonna come down with some chronic illness ... that’s the way this vaccine interacts with our body,” Rohde said.

From talking with people about vaccine injuries, Rohde has observed that many people are embarrassed to admit they have been injured by a vaccine. Falling into depression or isolation is the “worst thing” that can happen to these people, he said.

“We need to find these people ... reach out so we can provide support and guidance. And there are treatments available to help people recover,” Rohde said.

## *Will's Story* ST. PAUL, MN

### **No Liability-Free Pharmaceutical Product Should Ever Be Mandated**



When it came to vaccines, I was never given fully informed consent. I had read one book about vaccines and my husband and I had decided on a delayed and alternative vaccine schedule until my son, Will, started having reactions after each round of vaccines. First, it was a constant runny nose, fussiness, high-pitched screaming, drooling, then eczema and finally at 3 years old after the DTaP shot, Will developed a hard lump in his thigh, which I later learned was a granuloma. I am grateful for this granuloma as I look back because it means his body was forming a protective barrier around the aluminum at the injection site to keep it spreading throughout his body and crossing the blood-brain barrier.

After his vaccine reaction, we stopped all vaccines with the full support of my father, a retired ER doctor and have been much, much healthier. Later I also learned that the CDC states that people with autoimmune history, which runs in my family, should not be vaccinated.

Since pouring myself into vaccine research, I was angered to learn that vaccines contain aborted fetal DNA, which is against my religious beliefs. I was also angered to learn that vaccines contain ingredients that I would never allow my children to ingest, let alone be injected with. Ingredients like aluminum, thimerosal, formaldehyde, antibiotics, bovine calf serum, chick embryo cells, human diploid cells/human embryonic lung cultures/human diploid lung fibroblasts (MRC-5 and WI-38), MSG, casein, gelatin, monkey kidney cells, Polysorbate-80, soy, etc. I was angered to learn that some childhood vaccines contain very high levels of short human fetal DNA fragments, which gene therapy studies have taught us are the perfect size to insert into our genes (insertional mutagenesis) and that some vaccines contain retroviruses which can cause cancer.

I was angered to learn that the full vaccine schedule had never been tested for safety. I was angered to learn that vaccines are not tested against true saline placebos (usually against other vaccines) and usually not for more than 5 days (Hep B vaccine). I was angered to learn that the US gives 2-3 times more vaccines than most developed countries and we have the some of the highest rates of childhood diseases not seen in other countries. I was angered to learn that the FDA safety level for aluminum exposure for an infant is 20 micrograms – and the Hep B vaccine – given on day 1 of life, contains 250 micrograms of aluminum. I was angered to learn that pharmaceutical manufacturers were being sued so often that in 1986 they were given legal immunity. So if my child is injured or killed by a vaccine I can't sue pharma, but rather have to fight against my own government in an adversarial court to receive compensation. I was angered to learn that since 1986, the childhood vaccine schedule has more than tripled with 600 vaccines now in the pipeline. I was angered to learn that benign childhood illnesses like measles and chicken pox have actually been shown to prevent cancer later in life.

I was angry that I was not told there was a conscientious belief exemption for school in Minnesota. I am angry that some Minnesota legislators want to take away the right to choose which medical products are injected into my children. If mandatory vaccines pass, we will move out of Minnesota. No liability-free pharmaceutical product should ever be mandated. My body. My choice.

## *Wyatt's Story* ST. PAUL, MN

### **Life-Threatening Food Allergies After Vaccines**



We have a strong family history of autoimmune illness on both sides of our family. One very prevalent autoimmune illness is Celiac Disease. My experience with Celiac Disease taught me to always read labels and understand the ingredients of anything that goes into my body, including medications. At the time of my diagnosis, most drug manufacturers were not able to say for certain whether their products did, or did not, contain gluten. It was in my best interest to eliminate those potential triggers for a gluten reaction. Whether I liked it or not, Celiac Disease was leading me to more nutritional whole food choices, a cleaner lifestyle & an overall more holistic path to health. In 2010 when I became pregnant for the first time, that meant more natural birth choices with minimal interventions & trusting the natural order of things. In preparing for our son, I read a few books & studies on vaccines. The information about aluminum was especially alarming. I thought we were being cautious doing a selective & delayed schedule for him, with no more than 2 shots at a time to minimize his load of aluminum & better allow his body to process each shot individually.

Over the next 15 months we would watch the effects of those vaccine ingredients accumulating (much like the slow damage done to my body by gluten), adversely affecting his immune system & setting off alarm bells in my mother's intuition.

While we achieved an intervention-free natural vaginal birth, our son still had a bit of a rough start. He was born with a few minor midline defects including a sacral dimple & tongue-tie, as well as a lymphatic malformation on his thigh. The tongue-tie which the hospital "couldn't" diagnose led to several feeding difficulties which led to jaundice. So right after being discharged from one hospital, he was readmitted to another. Then at a couple weeks old he developed "baby acne", eczema, terrible "cradle cap", colic, extreme separation anxiety & an array of digestive issues (including chronic constipation & abdominal distention). His pediatrician was of very little help other than to advise giving

him prune juice. At 2 months, he had his first round of shots (DTaP). The pediatrician also talked me into getting Rotavirus, even though my intuitive alarm bells were going off given his already struggling digestive system. Then at 3 months, came his second round of shots Pc (Prevnar) & HIB (ActHIB), followed 2 days later by a sudden onset of eczema all over his face, scalp, back & chest. Then at 4 months, came his next round of DTaP (Daptacel) followed by significant sleep disruptions. Per the conventional advice of our pediatrician we started alternating Tylenol & Baby Motrin at night to help him with his “teething” & crying. At 5 months, came his next round of Pc (Prevnar) & HIB (ActHIB). Then in the waiting room at his 6-month appt, he began to suffer an anaphylactic reaction to some cashew dust on my shirt. The pediatrician stopped the reaction with steroids and advised us to delay his 6 Month shots for 2 weeks. We returned in 2 weeks, got another DTaP & tested positive for allergies to peanuts, tree nuts, eggs, flax, sesame, dairy & gluten. At this point, he had ongoing abdominal distention, irritable bowels, and stayed awake for multiple hours at a time, crying & crying, not even consoled at the breast. At 8.5 Months, he got another Pc & HIB, followed 2 weeks later by high fevers, a nebulizer for wheezing & episodes of massive vomiting from what should have been “safe” foods. At 13 Months, we opted out of the final HIB but got another Pc. This shot was followed 3 weeks later by gastroenteritis & being admitted to hospital.

At this point, after months & months of frustration with the poor medical guidance & lack of healing from the current pediatric practice, we decided to take a break from shots & sought out a nationally renowned pediatrician with more holistic knowledge of how the body functions. This pediatrician advised us to halt any further vaccinations due to our son’s history of atopy. I fretted, “but what about polio?!” I did not take this direction lightly & dove into research to learn more about the illnesses, the vaccines, the ingredients, the scientific studies, germ vs terrain & how our immune systems actually function, etc in order to make the best health choice for our sweet boy.

In the 11 years since then, we have worked with numerous holistic health providers to undo the injuries caused by the pharmaceutical industry and actually HEAL. It is an ongoing journey that has cost more than ten thousand hours and ten thousand dollars out of pocket. Some of his anaphylactic food allergies are still a work in progress, and some vision issues have emerged, but we have restored his digestive system, restored his waste removal pathways, resolved histamine issues, resolved chronic inflammations, resolved respiratory issues, resolved eczema, and resolved sensory issues.

As we continue down his path in life, I thank God that we had our son on a delayed & selective schedule. I thank God we found our holistic pediatrician when we did. I thank God we stopped vaccinating when we did or the injuries would have been much worse from the constant onslaught of toxins & ever-increasing chronic inflammation. I thank God for all the amazing healers we have had the pleasure to work with. I thank God that his 7 year old sister has never had a single pharmaceutical drug enter her body which is evident in her vibrant health.

The path to healing & health is never one size fits all, and every person deserves the chance to protect their own bodily integrity without force, coercion or discrimination.